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# Granite City Journal

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VOLUME 15, NUMBER 57

WEDNESDAY, AUGUST 5, 1998

FIFTY CENTS

## Pollution still high and vehicles take the blame

But new measures may improve the air we breathe

### Air under microscope

While the Metro East is a diverse group of communities, we all share the same air.

With that in mind, the Journal Newspapers of Southern Illinois will be exploring the issue of our area's air quality through a four-week series called "Breathing Easier."

We hope that this in-depth review of the factors contributing to poor air quality in our region will prove informative and help to bring some insight about the impact of air pollution on our region and its individuals and what can be done to improve the situation.

Transportation, industry, agriculture and health will be among the topics explored. As always, we encourage Journal readers to contact us with comments and opinions.

By Scott Cousins  
Staff writer

When it comes to air pollution, it's easy to look at those big smokestacks and point your finger. But if you happen to be driving by in your car, then the shame is on you, too.

While heavy industry is a major factor in the region's air pollution, vehicle emissions account for even more pollution.

Since the 1990 amendments to the Clean Air Act, the St. Louis region has been categorized as a moderate ozone non-attainment area.

One of the requirements of that law was to classify major metropolitan areas into five categories of major air pollution," said Mike Coulson, manager of environmental services for the East-West Gateway Coordinating

Council. The council serves as the lead planning agency for air quality in the St. Louis region.

The U.S. Environmental Protection Agency has five levels of non-attainment: marginal, moderate, serious, severe and special severe and extreme.

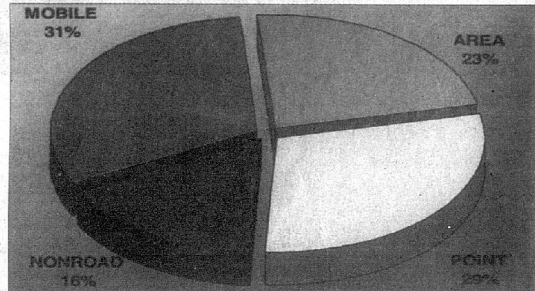
Coulson said there is only one "extreme" area in the entire country — Southern California, including Los Angeles. Chicago is considered a "severe" non-attainment area.

"St. Louis is actually in the middle," he said. "There are more as any other classifications."

As a moderate non-attainment area, the region had until this year to reduce hydrocarbon emissions by 15 percent.

"We were to attain the standard by

See AIR, Page 2A)



American Lung Association chart

This graph shows 1990 hydrocarbon emissions. Mobile sources include all vehicles. Off-road sources include aircraft, railroad, farm, lawn and other small machinery. Point sources are large stationary industrial and manufacturing. Area sources are small businesses, open burning, barbecuing, refueling, paint and others.

## Girl's body found in park

By Scott Kelly  
Staff writer

A St. Louis girl declared missing Sunday morning was found murdered the same day in Horseshoe Lake State Park.

Fishermen called the Madison County Sheriff's Department at 6:55 p.m. Sunday to say that a body had been found floating in the lake in the northern end of the park. The body was positively identified as Selma Ducanovic, 11, of the 4206 block of Ellenwood Ave. in St. Louis.

Lt. Steve Nonn of the Sheriff's Department is leading the St. Louis Metropolitan Major Case Squad in investigating her death, and authorities are calling the death a homicide. The Madison County Coroner's Office was conducting the autopsy Monday, and results were unavailable at press time Tuesday morning. Few details of how she was killed have been released as of press time, but sources have said she was shot in the head and was clad in panties. Authorities did not know yet whether she had

been sexually assaulted. Lt. Leonard Shure of the Madison County Sheriff's Department said police questioned a man arrested for an unrelated matter, but the Major Case Squad would not release any details on a suspect or suspects as of Monday.

It was unknown whether Selma was killed in the park or killed elsewhere and then brought to the lake.

Selma apparently vanished from her home sometime late Saturday night or early Sunday morning. Her mother, Ulifata Ducanovic, reported her missing and the back door ajar before 9 a.m. Sunday, authorities said. Her daughter had gone to bed around 11:15 p.m. in the bunk she shared with her 18-year-old cousin.

Police canvassed the south St. Louis neighborhood Sunday, and although at first police did not suspect foul play, St. Louis Police Chief Ron Henderson gave the case high priority.

Anyone with any information may call the Sheriff's Department at 692-0871 or the 24-hour anonymous tip line at 692-1140.



## Music festival thrives

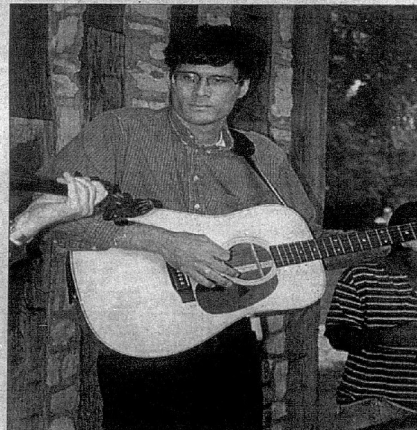
By Jason White  
Staff writer

Rain failed to pull the plug on the seventh annual Old Time Music Fete, an all-acoustic music festival at the Cahokia Courthouse last Sunday.

Organizers were improvising all day to deal with the wet weather.

Cahokia Courthouse Site Manager and event organizer Molly McKenzie said, "We had quite a bit of rain."

See FESTIVAL, Page 5A



Mike Viola photos  
Charlie Poole, top photo, of the group Raven Moon plays the fiddle as his counterpart, Gen Obata, accompanies on guitar, above.

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## Opening of bridge pushed to early '99

By Scott Cousins  
Staff writer

Construction delays have forced Trailnet Inc. to postpone the opening of the Old Chain of Rocks Bridge.

The group is renovating the bridge, leased from the city of Madison, into what they say will be the world's longest pedestrian and bicycle bridge.

The first phase of the funding — basic repairs and safety features — was expected to be done by Sept. 25.

"We are going through the construction process with the Missouri Department of Transportation, and it's taking a little longer than we anticipated," said Karlene McAllister, project manager for the bridge.

Still awaiting completion are curb repairs, fencing and painting and cleaning rails.

"It probably won't be done until spring 1999," she said. The second phase includes amenities. Much of the funding for the second phase will come from the new transportation bill.

As part of the bill, U.S. Sen. Kit Bond, R-Mo., included \$2 million for the second phase of the project. The federal money must be matched locally.

The \$2 million was among \$5.5 million for Metro East trail projects included in the revised federal transportation bill, which was signed by President Bill Clinton.

When the \$3.4 million renovation is completed, the bridge is expected to be the centerpiece to a more than 100-mile long trail system on both sides of the river known as the Confluence Greenway.

Although the grand opening has been delayed, McAllister said Trailnet would be having a preview day at the bridge Sept. 26.

Laura Cohen, project

See OPENING, Page 5A

## Granite City Journal

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John Fuller, Meteorologist, KSDK News Channel 5

**WEATHER EXTREMES**

**AUGUST**

Wettest: 14.8" in 1873

Driest: .07" in 1873

Hottest: 84.9° in 1947

Cooltest: 70.4° in 1915

Highest Wind Speed: 72 mph. in 1878





## Expanded auto emissions check will cut pollution

By Mark Hodapp  
Staff writer

Automobile emissions inspections will soon become mandatory for motorists in Collinsville, Belleville, Fairview Heights and O'Fallon and nearby communities.

The inspections are currently required in 16 Metro East ZIP codes. Among them are Alton, Cahokia, East St. Louis, Granite City and Wood River.

But starting sometime between December and June 1999, 300,000 motorists in 32 ZIP codes are expected to take the inspections once every two years. Among them are Belleville, Caseyville, Collinsville, Columbia, Fairview Heights, Maryville, O'Fallon, Scott Air Force Base, Shiloh, Swansea and Troy.

Illinois Environmental Protection Agency Spokesman Julie Nepeschian said motorists who live in ZIP codes 62025, 62029, 62034, 62035, 62208, 62220, 62221, 62235, 62236, 62237, 62238, 62239, 62240 and 62241 will be required to have emission tests after new testing stations are built and open.

The new stations are being built in such places as Belleville, Chicago, Collinsville and Glen Carbon. The Collinsville station is to open this month.

The existing station in Mitchell is also being remodeled. It was closed July 14; the remodeling, expected to take five months, will accommodate new equipment needed for the enhanced emissions tests.

Motorists in several areas in northeastern Illinois will also be required to take the emissions test. Included will be all of Lake County and parts of McHenry, Kane, Kendall and Will counties.

According to the IEPA, the enhanced emissions test will more accurately measure emissions from today's computer-controlled vehicles.

The exhaust test will measure emissions of hydrocarbons and carbon monoxide.

Hydrocarbons and carbon monoxide contribute to the ground-level ozone, Nepeschian said.

Approximately 40 percent of ozone-forming hydrocarbon emissions from vehicles are caused by evaporating gas, she said.

She pointed out the tests

are needed because the Metro East has been designated as having an ozone problem by the EPA.

It is estimated that once the new emissions tests are in place, there will be 91.4 fewer tons of carbon monoxide placed in the Metro East's air each day, Nepeschian said.

That would be a 35.6 percent reduction," she said. People who live in all of the new testing areas will be assigned a month throughout the first, two-year period for the tests.

There will also be several weeks notice given before people will be required to have their cars tested, Nepeschian said.

Like in the current testing areas, motorists who have cars with a 1983 to 1990 model year will be required to take the current idle test.

Most 1981 and newer cars and trucks will be subject to the enhanced test, Nepeschian said.

Heavy duty trucks and many four-wheel-drive, all-wheel-drive and traction control vehicles will continue with the current test," she said.

There will also be several exempt vehicles from the test, such as 1967 and older vehicles, vehicles registered as an antique, diesel vehicles, farm vehicles, show cars, ceremonial vehicles and motorcycles.

According to statistics compiled by the IEPA, it's estimated that the average vehicle that fails the initial emissions test will cost \$150 to repair.

Robert Eck, owner of Eck Auto Service in Collinsville, said the tests are needed. He said that most of the cars brought to his shop are either on a wrecker or in dire need of attention.

"People don't care about how much pollution they put out," he said.

Paul Stock, owner of Stock's Underhood Specialists Inc. in Belleville, said he has mixed emotions about the testing requirements.

On the one hand, the emission tests are needed because many people fail to give their cars regular tune ups, he said. Stock said that can be partially blamed on auto service technicians who fail to educate consumer about car tuneups.

"If the industry would have taken responsibility years ago, we wouldn't need the state to say it's time to clean up emissions," he said.

## Air pollution in area remains high

Continued from Page 1A

1998, which we failed to do, so we are faced with the possibility of an upgrade from moderate to severe," Coulson said.

That could mean the loss of highway funds and tighter regulation of industry, stalling economic growth.

"There would be more restrictions on companies trying to relocate here or trying to expand operations," he said.

To keep tabs on the region's air quality, 16 monitors are in place on both sides of the river.

Illinois air monitors are in Alton, East St. Louis, Maryville, Edwardsville and Wood River.

Overall, vehicle emissions account for about 31 percent of hydrocarbon emissions.

According to a 1993 study by the council, there are three ways to reduce vehicle emissions: cleaner fuel, enhanced vehicle inspection and maintenance and traffic control measures.

The solution for emissions reduction in both Illinois and Missouri included all three methods.

In Missouri, reformulated gasoline will be required as of June 1, 1999. Coulson said this could cut hydrocarbon emissions by as much as 30 percent.

"This gas is not only less evaporative loss, it also burns cleaner. It kind of gives you a double hit," Coulson said.

Another benefit is that the improvement will be "almost instantaneous" and will also affect pollution from lawnmowers and other

"For years the Edwardsville monitor was one of the highest reading monitors, and now that's just not the case. That's a part of the story that has been left untold, there has been dramatic improvement in air quality since the 1980s."

Mike Coulson

gasoline-powered tools.

"I think you'll see a significant improvement in the air quality," he said.

However, reformulated gasoline is higher in price and does not perform quite as well as regular gasoline.

According to the 1993 study, reformulated gasoline will cost about 6.4 cents per gallon more, for a total cost increase of \$51 million per year.

However, according to the study, "the \$51 million is far less than the \$65 million in additional hydrocarbon controls that would be required of small companies and businesses throughout St. Louis if the reformulated gasoline program is not adopted."

Missouri also requires gas stations to have vapor recovery systems.

In Illinois, the study recommended requiring gasoline with a lower Reid vapor pressure. RVP is a way of measuring gasoline's tendency to evaporate.

Missouri had already required gasoline with a lower RVP, so the effect on pollution would not have been as noticeable.

Another factor in Illinois was the large barge fueling and loading operations on the Mississippi River.

Coulson said a major source of hydrocarbon emissions were

the refining complexes near Wood River.

However, a combination of better controls and the closing of the Amoco refinery have brought those numbers down.

For years the Edwardsville monitor was one of the highest reading monitors, and now that's just not the case," he said. "That's a part of the story that has been left untold, there has been dramatic improvement in air quality since the 1980s."

Both Illinois and Missouri have vehicle inspections-maintenance programs.

While Missouri's program is statewide, Illinois operates emission testing stations only in high pollution areas.

However, major changes, including expanded operating areas and stricter testing, are now underway.

The third way to reduce pollution is by using transportation control measures to reduce the number of miles driven and to make traffic move more smoothly.

These are methods to either reduce vehicle traffic or make sure it moves in a smooth, consistent manner because idling cars create more pollution.

Coulson said traffic

congestion increases hydrocarbon emissions dramatically because idling cars produce more pollution. Mass transit and ridesharing can also reduce pollution.

RideFinders, operated by the Madison County Transit District, was developed as part of the effort to reduce auto emissions.

Since its inception four years ago, carpools and vanpools have accounted for the elimination of more than 28.5 million miles of travel and almost 600 tons of pollutants, according to figures provided by RideFinders.

In that time, the number of carpools rose to 1,233 from 32, with the number of participants rising to 3,029 from 88. Vanpools increased to 34 from 17, serving 357 people, up from 182.

However, Coulson said the region has done well in better traffic control and mass transit in the St. Louis area is minor when compared to cleaner fuel and improved vehicle inspection.

However, he noted that there were other benefits to such programs.

"You're saving energy, you're saving a tremendous amount of money," he said. "There are a whole bunch of social benefits."

Overall, Coulson said the region has done well in controlling pollution, but more needs to be done because as the suburbs expand, the need for transportation increases.

"We're doing pretty good, but the problem is that even when we make advances, it's offset because people keep driving," he said.

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## Upside to pollution problem: more money to deal with it

By Scott Cousins  
Staff writer

While exceeding air quality pollution standards can place the St. Louis region in danger of losing federal highway dollars, being in a moderate non-attainment zone also means more dollars are available to deal with the problem.

The money comes from the multi-year transportation bills. A new bill was recently passed by Congress and signed by President Bill Clinton.

In the last six years, Southwestern Illinois has received approximately \$13.5 million in congestion mitigation air quality funds from the Federal Transportation Agency, said Ron Tedesco, urban planning coordinator for the Illinois Department of Transportation's District 8 in Collinsville.

The Chicago area also receives CMAQ funds. Because that region has a larger population base and the air pollution problem is greater — the Chicago area is a severe non-attainment area, as opposed to Southern Illinois' moderate rating — Northern Illinois received approximately \$268 million over the life of the bill.

CMAQ funds are used to make improvements to traffic systems to help reduce the number of vehicles on the road or reduce congestion.

"We're pretty sure there is going to be more funding with this transportation bill than the last one, but the numbers are not final as far as we know."

Ron Tedesco  
IDOT urban planning coordinator

Projects include park-and-ride lots, bus acquisition, the RideFinders program and bike trails and improvements.

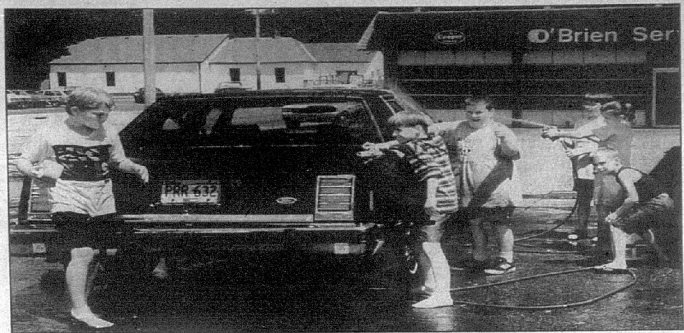
"We're pretty sure there is going to be more funding with this transportation bill than the last one, but the numbers are not final as far as we know," Tedesco said.

In the Southwestern Illinois region, Tedesco said, much of the money went towards enhanced inspection maintenance.

The state is expanding both the area and scope of its vehicle maintenance program.

The Madison County Transit District also received much of the CMAQ money allocated for the region.

MCT Managing Director Jerry Kane said MCT's projects included the purchase of new buses, a park-and-ride lot in Collinsville and the RideFinders program.



### Clean kids

The Maranatha School of Martial Arts held a car wash Sunday at O'Brien Tire and Service Center on Nameoki Road as part of Chuck Norris's Kick Drugs Out of America program. The school, open to all ages, adults and children, presently meets at the YMCA and is owned by Tim and Stacy Hillis of Granite City. Above, students from the school scrub a car. At right, Justin Kerber rinses soap from the hood.



Shirley Valencia photos

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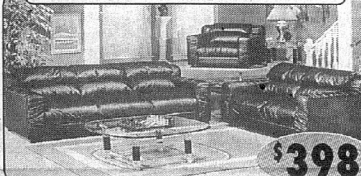
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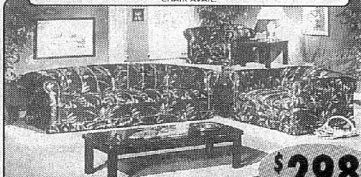
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### Free screenings set

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**By Becky Garrison**  
Staff writer

## Mailed disc causes comp

## ter trouble, police warn

## Biological Errors Stakes Death

tuary, in Granite City with the Rev. Dr. Lewis Trotter officiating. Burial will be in Sunset Hill Memorial Estates in Glen Carbon.

visitation will be from 3 to 5 p.m. for family, and from 4 to 8 p.m. for friends, today, Wednesday, Aug. 1, at Thomas Memorial Mortuary, 2200 Renteon Road in Granite City.

She was preceded in death by her husband, William Testerman.

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# City of Madison to start adjudication system

By Scott Cousins  
Staff writer

Police and building and health inspectors from the City of Madison are expected to begin issuing tickets through an alternative adjudication system immediately.

Instead of going to court and paying the county, those cited for non-moving vehicle, building and zoning, health and fire safety

violations in Madison will be handled entirely in the city.

The City Council recently approved the adjudication system — with a sliding scale of fines ranging from \$50 to \$250, depending on what stage the case is settled.

The council also has been revamping numerous ordinances to come into line with the new system.

Those cited under the new program can pay the initial \$50 fine before

their first appearance. At the initial appearance, the fine jumps to \$75 with increases for each subsequent appearance. After the fine level reaches \$250, the matter would be turned over to a collection agency.

Police Chief Steve Skokio said they have new tickets ordered. Police will be issuing the city tickets for parking and equipment violations, he said.

Health, safety and fire inspectors can issue tickets for other city ordinance

violations.

Mayor John Hamm said the first set of hearings is scheduled for Aug. 26. The council recently appointed John Greco as hearing officer.

In other city business, a special City Council meeting has been set for 6 p.m. today, Wednesday, Aug. 5. Most of the agenda deals with the purchase and annexation of property. City officials declined comment on that subject.

Other business includes the ratification of a contract between the city and police officers.

Hamm said the three-year contract includes a 4 percent annual raise.

He also said officer Chris Burns is being promoted to sergeant.

The city is in the process of hiring more officers to deal with increased growth, especially in the southern part of town.

## Opening delayed

Continued from Page 1A

manager for the Confluence Greenway project, said the September event would be a celebration of Trailnet's 10th anniversary.

"Friday, there is going to be a (fund-raising) dinner and candlelight walk on the bridge," she said. "It's just a way for us to celebrate our 10th anniversary with our supporters."

The bridge will be open to the public, tentatively from 11 a.m. to 4 p.m. Sept. 26.

Built in 1929, the bridge served as a part of Route 66, "America's Highway," which ran from Chicago to California. For most of its life, the bridge was operated as a toll bridge by the city of Madison. The bridge was closed after the completion of the new Interstate 270 Chain of Rocks Bridge.

In subsequent years, the bridge was a hot spot for partiers, was used in the filming of "Escape from New York" and was the scene of a double murder, which forced the city to close access to the bridge.

## Festival thrives

Continued from Page 1A

so we were kind of making it up as we went," she said.

Bands usually play on the courthouse's south gallery, or porch, but had to move inside the 258-year-old French colonial structure for the fete's first few hours.

"The musicians really seemed to like the atmosphere and acoustics inside the building," McKenzie said.

Later in the afternoon, the rain stopped and more spectators started showing up. Several hundred people watched George Fortz and his Friends of Bluegrass. Portz, an O'Fallon resident, is the national open fiddle champion.

A total of 500 people came to the event, McKenzie said.

"The people that came were good, hearty traditional music fans," she said, adding that rain didn't seem to bother the performers, either.

This year's fete was supported by grants from Ameritech, the Madison County Arts Council and the Illinois Arts Council, a state agency.

The Illinois Historic Preservation Agency provided additional funding.

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## News

# Wreck victim was trapped for hours

## Local woman had only minor injuries

By Paul A. Brinkmann  
Staff writer

A Granite City woman crashed into woods July 29 along Illinois 111 and spent more than five hours upside down in her car before being rescued with minor injuries.

**SOUTH ROXANA**  
Police said all four tires on Donna Tomlinson's 1996 Chevrolet Corsica were flat and she was tangled in her seat belt when they found her at 6:15 a.m. She said she crashed at about 12:30 a.m.

"The victim had been there for an extended period of time and did not know her exact location," said South Roxana Police Chief Dennis Carpenter.

Tomlinson, 31, said she was disoriented and could not find her cellular phone at first. She finally found it in the light of dawn and called her sister, who dialed 911 and gave police Tomlinson's number.

She had no idea where she was at on Illinois 111, police said.

An Illinois State Police trooper called Tomlinson and drove up 111 with his siren sounding.

"The dispatcher was able to lead the trooper based on Tomlinson's saying, 'Hey, I hear it louder, louder. It's getting closer,'" Carpenter said.

Emergency workers broke a window and lifted Tomlinson out on a backboard. She was treated and released Wednesday at Wood River Township Hospital, a spokesperson said.

Roxana police Chief Richard Farthing, whose agency is filing the official report on the crash, said Tomlinson will not be charged in the incident.

Police said Tomlinson appeared to have been driving north on Illinois 111 based on evidence at the scene.

However, she told authorities she had been driving south and was forced to swerve to avoid hitting an oncoming vehicle that had crossed into her lane.

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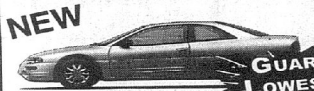
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## Area man drives into train

By Christine M. Farmer  
Correspondent

A Fairmont City man who drove into a train Wednesday told police he did not see the crossing gate before he drove through it. Lloyd Rudd, 51, was driving a 1988 Ford Escort west in the 6400 block of Collinsville Road when he struck the lead car of the train at 4:54 p.m. at the

"It was his lucky day because he hit the locomotive where the wheel assembly is and that spun him around."

Mark Ostendorf

Alton and Southern Railroad tracks.

"He said he didn't notice the gate and went right through it," said Patrolman Mark Ostendorf. "It was his

lucky day because he hit the locomotive where the wheel assembly is and that spun him around. Then the rear of his car struck the fuel tank and that knocked him back to the east lane of Collinsville Road."

Police said Rudd was fortunate that he struck the train where he did, otherwise his car would have gone underneath it and would have been dragged.

Ostendorf said Rudd, who was driving in the right-hand lane, passed two vehicles that were stopped for the train in the left-hand lane before crashing through the gate. He added that the accident did not appear to be alcohol related.

Rudd was treated at Memorial Hospital in Belleville and released several hours later.

## Gardening Tips from the experts at

# FRANK'S

## NURSERY & CRAFTS

Where Beautiful Things Begin

August, with its famous "dog days," has a tendency to lessen the activity in the garden somewhat, but it shouldn't. Heat and humidity or not, things still need to be weeded and watered. That is, if you want your landscape and garden to be healthy and look their best.

During the hottest part of the summer, however, play it safe and don't overdo it. It's never a good idea to be out in the hot sun for too long. Your best bet: Try to perform gardening tasks in the morning or wait until the evening.

The moisture needs of your plants must be given special attention. As we've said before, an inch of water a week is what most need, lawns included.

Whenever possible, apply a mulch of some sort. If you cannot, at least cultivate the soil surface. It becomes more difficult for water to soak into the soil if a crust is allowed to form on the surface.

As plants become taller or top-heavy, stake them to prevent possible wind damage.

Don't allow annuals and roses to go to seed if you want them to continue blooming longer. When removing spent rose blooms, cut back to the first set of leaves that has five leaflets.

As vegetables mature, pick them so young ones will develop and your overall yield will be greater.

If you planted melons and they're beginning to mature, place a piece of metal or wood under them to prevent wire worm injury or rot.

Plant late season crops now. Try beans, peas and radishes. They're fast growers that will be ready before the frost hits. Spinach and lettuce are also good because they'll be less likely to bolt when grown during cooler weather. The term "bolt" means to flower or produce seeds prematurely.

When the weather's hot, sow seeds deeper than you

would in the spring. Also, keep a close watch for insects, which are firmly entrenched now and would love to gorge on a nice tender seedling.

Sow annual ryegrass in garden beds that become vacant and will not be used until next year. The grass will prevent nutrients from being leached out of the soil, add humus, and will improve the soil's texture.

As early apples begin to ripen, pick ones from the top of the tree first. These will be ready before the fruit on lower branches. Pick early varieties before they become fully ripe, since they do not store as well, nor will they last as long on the tree after they're ripe.

If you haven't given your lawn mower a once-over since you first hauled it out last spring, now's a good time. There are many more mowings before putting it away. The blade could definitely stand to be sharpened and balanced. Dull mower blades rip the grass; sharp ones slice it cleanly. An out-of-balance blade can cause your mower to vibrate like a jackhammer.

Take photos of your landscape. Make notes of any changes you wish to make. If you have access to a scanner and computer with a photo program, it's a fabulous way to plan, design and make changes to a landscape. Even if you don't have the computer, the photos will help you visualize what will look good where.

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## Auditor refutes accountant's findings

Madison County Auditor Fred Bathon is refuting allegations that faulty accounting improperly led to the decision to close the county's two care homes.

In a two-page letter addressed to County Board members, Bathon said an outside accountant's review of the ledgers for the homes shows a lack of understanding of government accounting and forecasting procedures.

At issue is a study released last week by Curtis Reckmann of Edwardsville, an accountant who has been working with the County Homes Action committee attempting to keep open the Madison County Sheltered Care Home and Nursing Home in Edwardsville.

Reckmann maintains that despite continuing projections of a deficit, no deficit has materialized. He says the care homes are financially viable and should remain open well into the next century. The County Board recently voted to close the homes at the end of November, largely based on projections coming from Bathon's office.

Bathon says Reckmann's study "used statistical

techniques that are only appropriate in an unchanging environment."

"The purpose of forecasting in financial management is to provide decision makers with estimates of future conditions so that they can quickly react by taking immediate corrective measures. For the last decade, the Nursing Home and Sheltered Care Home have been able to continue operations due in large part to our financial forecasting," he said.

"Each time the forecasts of the two homes showed pending problems, actions were taken to improve their financial condition. Once these corrective actions were taken, the original forecasts become irrelevant."

Reckmann's study was reported in the Journal July 26. The study was entered into the record during a state public hearing held in Edwardsville July 14. The Illinois Health Facilities Planning Board must grant permits for closure of the homes and will convene on the matter either Aug. 13, or 14 in Chicago.

Bathon says the county has reached the end of possible corrective actions for the

homes. "Over the last 10 years, virtually all measures to increase revenues or cut costs have been exhausted," he said. He pointed out that voters in March rejected the idea of increasing taxes to operate the homes and to build a new, combined home.

Bathon challenges Reckmann's conclusions more than he does his numbers.

"The report... suggests that the county run the homes until they have no fund balance remaining. This is not only irresponsible, but would provide absolutely no funding for the closing of the homes, funding the employees' benefits earned or assistance for relocation of residents."

Reckmann also failed to include relevant information that has an "enormous impact on the bottom line," Bathon said, using as an example the \$2 million to \$3 million that is expected to be needed in repairs on the homes during the next several years.

Until the decision to close the homes, the County Board had been deferring long-term maintenance because of the uncertainty, he said.

Bathon also challenges Reckmann's notion that money can be transferred from other fund surpluses.

Further, the county has to prioritize how it is using any surplus in the General Fund. For example, in the last two years, around \$41 million has gone toward expansion or improvements to the jail, detention home and probation department, he said.

Bathon, a Democrat, is running for treasurer.

## Journal seeks your tomatoes

Once again, summer in Illinois is producing bumper crops of fruits and vegetables. Big-time and small-time farmers have begun to see the fruits of their labor.

Now it's time for you to reap the rewards of your own efforts. And, your Journal wants to give you a little cabbage for your big tomato.

We are looking for the largest tomato you and your readers can grow this season. So, if you think you have the winner, bring your big tomato into our office and have it weighed. If it's big enough to warrant one, we'll take a picture of you and your entry. Then watch for the photo and contest results in a future issue of your Journal.

If your tomato is judged the winner of those entered in the contest, we will pay you \$50. And, that'll buy a lot of salad dressing.

## Correction

In a story appearing in the July 26 edition of the Journal, Wes Tucker was incorrectly identified as the Madison County treasurer. Tucker is the deputy treasurer for Madison County. The Journal apologizes for any confusion this error may have caused.

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BELLEMORE VILLAGE  
MONDAY-SATURDAY 9:30-9  
SUNDAY 12-6

**20% OFF**  
REGULARLY PRICED  
LEVI'S® JEANS  
IN INFANT, TODDLER, GIRL'S SIZES 4 TO 6X,  
AND BOY'S SIZES 4 TO 7



# August Home Sale

**Huge Savings Storewide  
Special FREE Financing Available**

**COMPLETE  
DAYBED w/  
MATTRESS**



**\$99.95**

**SOFA, LOVE SEAT, CHAIR,  
3 TABLES, 2 LAMPS**



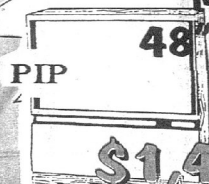
**\$599.95**

**GIBSON FROST  
FREE 15ft  
REFRIGERATOR**



**\$399.95**

**MAGNOVOX  
48" BIG SCREEN**

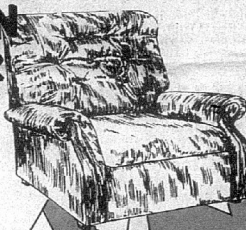


**\$1,499.95**



**2 POSITION  
RECLINER**  
**EX-LARGE CAPACITY  
HEAVY DUTY WASHER  
& DRYER SET**

**\$499.95**



**\$99.95**

**ROLIGH RIDER  
BUNK BED**



**\$169.95**

**CARPET 3  
ROOMS**

**GOOD \$499.95  
BETTER \$699.95  
BEST \$899.95**

**GAS OR ELECTRIC  
RANGES**



**\$289.95**

**GLID  
ROCKER**



**\$99.95**

**4 PIECE MASTER  
BEDROOM SET**



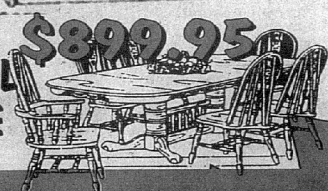
**\$499.95**

**GIBSON COMPACT  
CHEST FREEZER**



**\$299.95**

**DOUBLE PEDESTAL  
TABLE W/ 6 SIDE  
CHAIRS**



**\$899.95**

## Granite City Home Furnishings

**1842 State • Granite City • 451-4799**

**Name Brand New Furniture & Appliances • Low Overhead To Save You Money**

**• Convenient Terms • FREE LAY-A-WAY**





# TENT SALE!

## CARS

'97 COROLLA DX	Gorgeous
Auto, Cass., PW, PL, Red	
'97 NISSAN SENTRA GXE	Hurry
Auto, PW, PL, Tilt, Cass.	
'97 CELICA CONVERTIBLE GT	Gorgeous
Auto, 10,000 mi. CD, Pwr Pack.	
'96 CAMRY 4DR LE	All Power
Moonroof, Woodgrain, CD, Spoiler	
'96 MONTE CARLO	Sharp
Auto, PW, PL, Tilt, Cruise, Alloya	
'95 CAMRY 4DR LE	Rare
Auto, PW, PL, Moonroof, V6	
'94 CELICA, ST	50,XXX Miles
Auto, Moonroof, Power Pack	
'94 NISSAN ALTIMA GXE	Gorgeous
Auto, Full Pwr.	
'93 CELICA CONV. GT	55xxx
Auto, PW, PL, Tilt, Cruise	
'92 PASEO	Nice!
Sunroof, Spoiler, Air/Fm Cass, 5 Speed	

## TRUCKS

'98 TACOMA SR5 GAB+	HURRY
4x4, PW, PL, Tilt, Cruise, Cass	
'98 4 RUNNER LIMITED	6XXX
My/Trt, Leather, CD, Cream Purl	
'97 RAV 4 4x4	12XXX
4 DR, Black, Auto, Must See	
'97 SIDE KICK JX	\$9,988
Auto, 4 Dr/Le, Air/Fm Cass, Alloya	1 owner
'97 PATHFINDER SE	20,XXX Miles
Black, Auto, 4x4, Loaded	
'96 TACOMA 4x4	25XXX
5 sp, A/C, Cass, Bright Red	
'96 RAV 4 4x4	
4 DR, Cream, Auto, Full Power	
'95 TOYOTA LANDCRUISER	HURRY
4x4, Auto, Leather, CD, Moonroof	
'94 TACOMA CAB #	4x
SR-6, V6, Auto, Full Power, Green	

## WHILE THEY LAST!

I-270 & NOTH LINDBERGH  
IN HAZLEWOOD  
**731-0880**  
www.lynchtoy.com



AUTO CREDIT ASSIS  
**1-800-853-7411**











### 320 HELP WANTED

**CLASS ROOM TEACHER**  
Substitutes are needed for the Edwardsville School District. Apply to: 714 Deer Tracks Trail, St. Louis, MO 63131. Salary: \$20,000 - \$25,000. Minimum 3 years experience. Degree & State Certification.

### CNA'S

Freeburg Core Center is in the core business. We are looking for caring CNA's to assist residents with their daily care. We have above average salaries and benefits. Apply in person at: **746 Urbana Dr., Freeburg, IL, M/F 8-4 pm**

**CONTRIBUTIONS** "TAMMY" VOGEL on her new teaching position and her new home. She is looking for a new home. She is looking for a new home. She is looking for a new home.

**COOK WANTED**  
Experienced Only  
Nights & Days Part-time  
22-24 hrs/wk. -Sundays  
Off Start \$7.00 per hour  
Apply in person  
M/F 2-4 PM  
Bridgeview & Caseyville  
344-3530

### CUSTOMER SERVICE

Manufacturing company in North County is seeking a customer service rep. Computer skills and manufacturing background preferred. Call 434-7449

### Daycare Teacher

needed  
Before & After School.  
30hrs. Weekly  
Please Call  
797-6622

### DELIVERY DRIVER NEEDED

Apply in person at Bar's  
Merch or call 877-7600

### Delivery Warehouse

Excellent entry level opportunity with busy electrical distributor at one of our metro-east locations. Responsibilities will include making customer deliveries in our vehicle, providing customer service, performing general warehouse duties including filing orders, putting away stock. Competitive pay and advancement opportunities. Apply in person at Butler Supply, 7701 St. Clair Ave., St. Louis, IL 62203. EOE.

### Sell It Fast!

Call  
**966-FAST!**  
**COIL CUTTER OPERATOR**  
28 Mercury, 36 Zerrand, 2nd shift, no weekends. Experience only.  
**314-385-3500**

### BUFFET CHEF/TELEPHONE

Evening shift. Adult conversation service. Steady work good pay. No experience. 314-681-1501

### COOK HANDS

Must have verifiable LTC/Common Career experience. Background check and drug screen required. Apply in person American Trucking, 7400 N. Broadway, St. Louis, MO.

### DRAFTSMAN

Experienced in pressure vessel drafting. Send resume to:  
#3035, Journals  
714 Deer Tracks Trail  
St. Louis, MO, 63131  
EOE

### DRAINSEWER CLEANERS

Classified: Must have CDL Class A or B. Good driving record. Hourly salary, retirement & fringe benefits. Must pass physical including drug & alcohol. Apply in person: Able Industries, 7181 North Market, Papineau, EOE.

### DRIVER-Home every

six to ten days. Start up to \$46/mi. 85% drop-hook. O/Os ask about 816/mi and more! Heartland Express. 1-800-441-4953. EOE

### 320 HELP WANTED

#### DRIVER

MUST have CLASS A license, CDL, good driving record. Tractor trailer, local deliveries. Please send resume to: Attn: Dave, P.O. Box 5850, St. Louis, MO 63134.

#### DRIVERS

Class A or B license preferred but not required, will train. \$9.00 per hour or more depending on experience. Company offers excellent benefit package. Local routes available in the South/Jefferson County and West. Fort-Wentworth locations. Requires excellent driving record and extensive IRT.

#### Waste Management

of St. Louis  
Toll Free Job Hotline  
1-888-873-4697  
24hrs. per day, 7 days  
EOE M/F/D/V

#### Buying or Selling

try the Classifieds!

### 320 HELP WANTED

#### COURIERS

\$300/week realistic weekly  
• NO nights or weekends  
• Local delivery  
• Start at \$10  
• Knowledge of Metrohwy  
• Current Couriers - If your average chargeable is less than \$12.00  
• WHY ARE YOU WAITING YOUR TIME? Drive for the best in St. Louis. Vehicle & insurance required.

#### KEANE EXPRESS

314-241-3333  
(Ask for Art)

#### DRIVERS & O/Os

Class A, CDL  
needed for St. Louis-based OTR. Call  
**314-298-8558, X7**

#### DRIVERS

Dry bulk carrier seeking local drivers for its current hauling operation. Applicants must have 2 years of verifiable work experience, a Class A CDL, be at least 23 years old, DOT qualified and drug free. Call  
**314-884-3330**  
**800-254-4425**

#### Sell It Fast!

Call  
**966-FAST!**

### 320 HELP WANTED

#### DRIVERS

Food distributor out of St. Louis is looking for over-the-road tractor/trailer drivers. We offer 29.5¢ per mile including safety bonus to start. Insurance, paid vacations, home weekly. We require 1 year verifiable experience, good driving record, Class A CDL. Must meet DOT qualifications.

#### Apply in person.

MRS. ALISON'S COOKIES  
1780 Burns Avenue  
St. Louis, MO 63132

#### DRIVERS/LOCAL

Full time position, second shift for tractor trailer drivers with at least 2 verifiable years experience. Some hand stacking, mostly drop & hook. Must be at least 23 years of age for insurance regulations. CDL with HAZMAT & DOT qualified. Good benefit program. Call for interview  
**1-800-305-1437**

#### DRIVERS NEEDED

EXP. TRAINED  
AND STUDENTS  
RUN OTR, REGIONAL AND LOCAL  
Excellent home time  
96-98 Fritr Condos, 500-HP  
Call John @  
**314-205-0700**  
**800-970-5313 ext. 144**

### 320 HELP WANTED

#### EXECUTIVE RECRUITERS

want new, no experience necessary. High income potential. Call Art Smith at 388-2662.

#### Clutter getting in the way?

Have a Suburban Journals Garage Sale.  
Call  
**966-FAST or 1-800-766-FAST**

#### FLAT RATE SHOP

has immediate opening for experienced auto body technician. Call 656-1895.

#### FLEET MECHANIC

Needed to maintain a Fleet of 100+ vehicles. Must have 5 yrs. exp. We perform routine maintenance, routine welding, schedule work and ordering parts. Pay: Commensurate with experience. Include a Competitive benefits program with 401k. Pension Plan. Group health, must have own tools. Apply in person at:  
Lester  
+ Caine Dr.  
+ EOE  
+ M/F/D/V  
+ 314-836-4425

#### Food Service

**MON - FRI**  
Food Service Operation  
Hiring for Short Order Cook and all around food service positions. Day hours, full time, benefits. Only serious, friendly, hardworking people need apply.  
Call Michelle 542-7224

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**MON - FRI**  
Food Service Operation  
Hiring for Short Order Cook and all around food service positions. Day hours, full time, benefits. Only serious, friendly, hardworking people need apply.  
Call Michelle 542-7224

#### Home Remodeling Exp. \$6.00

hr. a week. Call 344-2990

#### Working Weekends?

Are you superior material? Look no further. Working supervisor needed for small West County restaurant. Supervisory experience necessary. Mon-Fri, days, benefits. Full time. Only dependable, organized, customer oriented people need apply.  
Call Michelle 542-7224

#### FORK LIFT MECHANIC

Full time job. Must be 21 yrs. old. Must have 2 yrs. exp. in Forklift repair. Call 656-1895.

#### FULL TIME Director

of a Day Care Center needed. Must have 5 yrs. exp. in child care. Call 656-1895.

#### GROWING LANDSCAPING COMPANY

is looking for hard working, dependable people. Experience 3 yrs. Good pay. Leave name & phone number at 288-0095 or 797-0095.

#### Hiring Birthday Party Host or Hostess

for Days/Early Mornings. Individual would also have some maintenance responsibilities. Apply in person: McDonald's Restaurant Pontoon Beach

#### Home Remodeling Exp. \$6.00

hr. a week. Call 344-2990

#### Need quick results try the Classifieds!

Your journal on time. Visit us at [www.yourjournal.com](http://www.yourjournal.com)

#### INDUSTRIAL MAINTENANCE

**CLEANERS**  
Experienced. Up to \$14/hr. Paid training and benefits. Family health insurance, retirement and 401k. 100% of work. Call 1-800-923-2555 ask for Industrial Maint. Dept.

#### ABLE INDUSTRIES

equal opportunity employer  
INSURANCE OFFICE  
We are looking for a full time person who has experience in insurance, rating, computer and telephone sales required. Can be trained or must be willing to learn. Must be dependable, able to work with public and willing to go through training. Please send a resume with references, salary and availability to:  
+ EOE  
+ M/F/D/V  
+ 314-836-4425

#### HA ASSISTANT

Well known St. Louis Company is seeking individual with HA background or degree working on multiple projects. Strong communication and computer skills are a must. Starts immediately!  
2401 State St., Alton, IL 61810

#### ADMINISTRATIVE ASSISTANT

Clerical position available full time. Lotus 1-2-3 experience preferred. Attention to detail and figure work plus must be a self starter. Excellent benefit package.  
Apply in person  
DOUGLASS PRINTING CO.  
5820 LATTY ROAD  
ST. LOUIS, MO 63134  
EOE

#### JOIN TEAM C.D.I.

Local telemarketing company has openings both shifts!!! Telemarketers have one permanent week day off, with every other weekend off.  
Mon-Fri  
AM Shift 8am-3pm 3am-4pm 11am-6pm  
PM Shift 4pm-11pm  
• Hourly Wage • Bonus • 35 hrs per week  
• Paid Weekly • Paid Vacation • Dental/Health Plan • 401 K Plan • Opportunity for Career Advancement  
To become part of a winning team, call or walk-in.  
Circulation Development, Inc.  
4084-68 Oakmont  
Pontoon Beach, IL 62240  
(618) 797-7968 (ask for Shelia)

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Your journal on time. Visit us at [www.yourjournal.com](http://www.yourjournal.com)

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Clerical position available full time. Lotus 1-2-3 experience preferred. Attention to detail and figure work plus must be a self starter. Excellent benefit package.  
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Mon-Fri  
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• Hourly Wage • Bonus • 35 hrs per week  
• Paid Weekly • Paid Vacation • Dental/Health Plan • 401 K Plan • Opportunity for Career Advancement  
To become part of a winning team, call or walk-in.  
Circulation Development, Inc.  
4084-68 Oakmont  
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(618) 797-7968 (ask for Shelia)

#### Need quick results try the Classifieds!

Your journal on time. Visit us at [www.yourjournal.com](http://www.yourjournal.com)

# NEED A CAR?

Buckley says... Bring in this ad, a recent Paycheck stub, Drivers License & Downpayment and you'll be driving away in about 30 minutes.

It's That Simple!

COUPON the Price of a Car!

\$200 OFF Must present this coupon at the time of purchase. Limit One discount per purchase. Not valid with other media discounts. Not redeemable for cash. Not valid on prior purchases. Offer good until Aug. 14th, 1998. Retail vehicles only. Dealers excluded.

1990 GEO TRACKER Black, 4 Cyl, Air, 4 WD, Cold A/C

1989 FIREBIRD 6 Cyl, PW, PL, AC White/Cold A/C

1993 PROBE SE 5 Sp, CD Player Silver, Cold A/C

'92 CHEVY CAVALIER Z-24 5 spd, AM/FM Cass., P/L P/W, tilt, cruise

'92 BUICK SKYLARK Grey, 4 Dr., Auto, Cassette

'90 CHEVY CAPRICE 4 Dr., Maroon, Cassette, Auto

'91 PONT. GRAND AM White, 2 Dr., Grey Interior, AM/FM Cass.

'91 CHEVY BERETTA 2 Dr., Auto, White, Stripes, Interior Maroon

'92 PONTIAC GRAND AM 4-Door, Blue

'91 DODGE DYNASTY 4 Dr., Blue, P/W, P/L, AM/FM

'92 MAZDA MX-6 Gray, 2 Dr., 4 Cyl, 5 Spd.

'90 GEO TRACKER 4X4 2 Dr., Red Convertible, READY TO ROLL!

'89 HONDA 4 Dr., Auto, Maroon

'93 TEMPO Teal, 2-Door, AM/FM

'90 CHEVY CAMARO RS T-Tops, Maroon

'89 MERCURY COUGAR 2 Dr., Gray, Auto, Cassette, 6 cyl.

Over 300 Cars & Trucks IN STOCK

\*Exclusive 7 Day Return Policy

Toll Free 1-800-555-6302

Hours: Mon. - Sat. 9 am - 9 pm

910 N. Bluff Rd., Collinsville, IL (Highway 157)

\*SEE DEALER FOR DETAILS

NO CREDIT ... BAD CREDIT ... NO PROBLEM!

Call Free 1-800-555-6302

Hours: Mon. - Sat. 9 am - 9 pm

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### 320 HELP WANTED

#### INDUSTRIAL MAINTENANCE

**CLEANERS**  
Experienced. Up to \$14/hr. Paid training and benefits. Family health insurance, retirement and 401k. 100% of work. Call 1-800-923-2555 ask for Industrial Maint. Dept.

#### ABLE INDUSTRIES

equal opportunity employer  
INSURANCE OFFICE  
We are looking for a full time person who has experience in insurance, rating, computer and telephone sales required. Can be trained or must be willing to learn. Must be dependable, able to work with public and willing to go through training. Please send a resume with references, salary and availability to:  
+ EOE  
+ M/F/D/V  
+ 314-836-4425



**Part-time help for busy physicians office.**  
Duties include: Filing, patient care, & various office duties.  
Experience preferred.  
Send Resume to:  
P.O. Box 1343  
Granite City, IL 62040

Due to continuing growth and plans for expansion Effingham State Bank is looking for two individuals to fill following positions: **TRUST OFFICER**

This position offers growth potential for a motivated individual, 1-3 years Trust/Investment experience is required. This individual must have a strong investment background, experience administering Employee Benefit Plans will be helpful. To become a member of this rapid growing team an individual must be detail oriented and possess good communication skills. A Bachelor of Science degree or equivalent experience is required.

**COMMERCIAL LENDING OFFICER:**  
This position will be filled by a self-starting individual with 1-3 years lending experience; and agricultural lending background is desirable. This individual will need the ability to analyze financial statements of small business loans, operate in a Windows based environment with experience in word processing and spreadsheet software. Good Communications skills are essential and go hand in hand with the business development skills required. A Bachelor of Science degree or equivalent experience is required.

In addition to highly competitive salaries this institution offers an excellent benefits package that includes a matching 401(k) Profit Sharing Plan, Section 125 Plan, paid vacation, and low cost group health insurance coverage. Send resumes to: Effingham State Bank Human Resource P.O. Box 767 Effingham, IL 62401

**JOIN THE WINNING TEAM OF THE MIDWEST'S LARGEST FURNITURE RETAILER!**  
Due to our recent growth we are now hiring for the following positions:

**SALES:** While some furniture sale experience is helpful, we provide complete and ongoing training for ambitious professionals. Many of our current sales associates earn in excess of \$40,000 annually. Evenings and weekends required.

**OFFICE:** Individuals should be experienced with office machines and data entry. Experience should also include typing, filing, telephones and cashing. Evenings and weekends required.

**SHOWROOM DECORATOR:** Coordinate all furniture and accessories according to corporate interior program.

**FURNITURE REPAIR/SERVICE:** Requires ability to repair wood/upholstered furniture, good driving record and familiarity with local area. Friendly attitude and exceptional customer service skills essential.

**WAREHOUSE:** Candidates should have the ability to load & unload furniture trucks, load customer pick-ups, prepare furniture for delivery and perform miscellaneous duties as needed.

**In Return, We Offer The Following:**

- Competitive Pay
- 401(k) Program
- Paid Vacation
- Insurance & Benefits Programs
- Paid Holidays
- Merchandise Discounts
- Stock Purchase Plan

**VALUE CITY Furniture**  
MIDWEST'S LARGEST FURNITURE RETAILER  
Equal Opportunity Employer

202 Mid Rivers Mall Dr. St. Peters, MO 63376

**JANITORIAL**  
Job openings immediately full or part time general cleaners with 1-3 years experience in the city of St. Louis. We offer an excellent salary and benefits package and an opportunity for advancement. Must have a valid driver's license and a clean driving record. Apply at 4401 Ringwood or send resume to: Janitorial P.O. Box 1343 Granite City, IL 62040

**NEW ACCOUNT START-UP**  
Union contract cleaning company is in need of full time general and restroom cleaners for a new account. Starting pay is \$12.00 an hour with an attractive starting salary and benefits. For more information contact: Janitorial P.O. Box 1343 Granite City, IL 62040

**Sell It Fast! Call 966-FAST!**

**ADDUS HEALTHCARE**  
We are growing and need your help! We are looking for individuals who enjoy working with the elderly. Qualifications are self-motivated, have initiative to work, reliable and have own transportation.

**SUPERVISORS**  
Growing contract cleaning company is looking for experienced supervisors to manage and train staff. Starting salary and benefits. For more information contact: Human Resources P.O. Box 1343 Granite City, IL 62040

**JANITORIAL**  
We are a union cleaning company looking for general cleaners, and restroom cleaners, day, night and weekend. Starting salary and benefits. For more information contact: Janitorial P.O. Box 1343 Granite City, IL 62040

**CALL TODAY, START TOMORROW!**  
SALES CONSULTANTS needed to market phones and pagers in America's largest retailer. FULL & PART TIME POSITIONS AVAILABLE. 9 locations in Metro East area and 3 locations in South County (St. Louis area). Tremendous traffic flow. Experience a plus but will train the right person. Hourly plus commission. Paid training, medical benefits available. Great income potential. Please call: 888-764-0217 or FAX resume to 888-965-3294. Authorized Southwestern Bell Wireless Agent

**COME TO THE BEST PLACE TO WORK & THE BEST PLACE TO STAY! MARRIOTT PAVILION HOTEL**  
Is looking to fill the following positions:

- Housekeeping
- Banquet Captain
- Service Bartender
- Bartender
- Booth Attendant
- Room Service Server

The ideal candidate must be customer service oriented and possess a can do attitude. Must be flexible and able to work weekends. Prefer some previous experience. Competitive Salary!

All interested candidates must call the MARRIOTT TOLL FREE JOB HOTLINE: 1-888-MARRIOTT (1-888-482-7745) All applicants are subject to drug testing.

**SHIFT LEADER**  
\$5.75 TO \$7.00 Per Hour  
Earn while you learn! People of all ages are entering Long John Silver's management program. As a shift leader you receive training that could help you become a manager of your own restaurant. We need people with food service or retail experience and loss of enthusiasm to help us run a restaurant that is part of a state wide seafood chain. In return for your work we offer:

- Competitive Salaries
- Meal discounts
- Professional Training
- A schedule to meet your needs
- Paid Vacations
- Excellent advancement opportunities

We love moving people up our ranks. Applicants should apply in person daily from 1 to 4 at: 3717 N. Meade Road Granite City, IL

**LONG JOHN SILVER'S SEAFOOD SHOPS**  
An equal opportunity employer

**SUMMER JOBS!**  
• Bakery, \$6.00/hr  
• Landscaping, \$10/hr  
• Meter Readers, \$10/hr  
Long Term & Part Time DAILY PAY APPLY TODAY!  
**QUICK LABOR**  
9401 Gravois (Affton)  
314-531-0555  
1825 A Delmar (Downtown Granite City)  
618-877-5140

**Journal Classifieds Get Results**

**LEGAL SECRETARY:**  
Temp to perm, no fee, good skills, excellent benefits on permanent status.  
Mrs. Schwartz  
888-384-7707  
USA Temp Services  
415 E. Main Belleville

**LPN**  
WE WILL MEET YOUR SALARY EXPECTATIONS! Come Join Our Quality Assurance Medicare Team  
• Full benefit package  
Colonial Care Center  
200 Stearns Ave.  
Granite City, IL 62040  
931-3900

**MAJOR ACCOUNTS**  
Suburban Journals of Greater St. Louis, North America's largest group of community newspapers has an opening in the Major Accounts Department for an Account Executive.

**Responsibilities include:**

- Sales calls to major retailers and ad agencies
- Proposal Writing
- Formal Presentations

**Qualifications:**  
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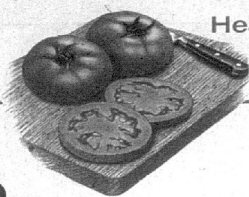






# Today's Food

Today's Food on-line, [www.yourjournal.com](http://www.yourjournal.com)



## Hearty Bites

Tomatoes royally robe pasta

See Page 2

## Food Nutrition

### Wise Ways

Summer vegetables get their freshest punch from garden herbs.

INSIDE

### Blue Ribbon Cook

Eggplant and zucchini become winning vegetable medley baked with other garden vegetables.

INSIDE

### Test Run

Shredded wheat is an oldie-but-goodie cereal. New varieties give it low-fat flavor with sweet extras that avoid a super-sweet dip in frosting.

INSIDE

### Micro Raves

There is no need to be clueless when unraveling mysteries of flavor. Just add kernel of mustard.

INSIDE

### Lively Taste

Sprinkle the salt needed in a recipe directly into minced garlic on the cutting board. It helps absorb the juices and makes it easier to scoop the tiny garlic pieces off the board.

## Health Fitness

### Medicine Chest

Alternatives to carrying a toothbrush are mint-flavored tablets called "Yow!". Ingredients of sodium bicarbonate, silicone dioxide and silylitol help freshen breath, inhibit bacterial growth and diminish plaque. They retail between \$3.89 and \$4.50 for 75 tablets in the oral care department of some supermarkets, drug and general merchandise stores. For information on the product, call toll-free 1-888-yes2yow.

### Fresh Picks

The freshest corn is the sweetest. Use it as soon as possible after buying it. Keep it well chilled, because at room temperature, corn loses half its sugar in one day as it converts into starch. Stacking it results in heat generation, so store it so it stays thoroughly chilled. When choosing corn, husks should be fresh-looking, tight and green. End kernels should be smaller, but still plump; large kernels at the tips mean the corn is over-mature, so it will be chewy and pasty. Silks should be moist, soft and light golden, not brown and brittle. To cut off kernels, slide a sharp knife down the length of the cob stood upright on a work surface; cutting half an ear at a time makes this easier and neater. For cream-style corn, slit each row of kernels with a sharp knife, then run the back of the knife down the cob to squeeze out pulp and juice and leave the kernel skins on the cob.

### Big Fat Tip

When traveling past landmarks with fast-food drive-up windows, skip extra fat by skipping supersize versions of cheesy burger packages. For a low-fat breakfast, order pancakes with syrup or jam instead of margarine and butter. Fat-free muffins often are available throughout the day. Lower-fat milk often is available for the asking. Fresh tossed salad comes with low-fat dressing. Another good choice is grilled chicken, instead of mayonnaise, ask for a packet of honey mustard or barbecue sauce and add lettuce and tomato. At rest stops, pull the knob on vending machines for pretzels or baked potato chips. Some also contain boxes of cereal for sweet, low-fat snacks.

### Future Shop

Steak-It-Do will be showcased Aug. 13 to 23 at the Missouri State Fair in Sedalia. A 1/3-pound chunk of ball tip sirloin steak is skewered on a stick similar to a frozen pop. It is pre-cooked and vacuum-sealed, so it only needs a quick dip in boiling water or short time in a microwave oven or on a grill to warm it. Frozen Steak-It-Do is ready in 3 minutes, from the refrigerator, it takes 30 to 60 seconds to warm.

# Smitten with Smoothies

## Smorgasbord of flavors swirls in cool drinks

By Janice Denham  
Staff writer

Once in love with smoothies, always in love with smoothies. That means a food processor or blender may be part of the kitchen counter furniture the rest of the summer.

Ah, but those smoothies are as soothing and scrumptious as a run through the cool mist of a sprinkler!

According to Daniella Chace and Maureen B. Keane in "Smoothies for Life" (Prima Publishing, \$14.95), a smoothie starts with 1/2 to 1 cup of a liquid base, then comes 1 cup of fruit, flavoring to taste and any desired supplements. Finally, the whirl comes to combine everything, like a fairy dance, into a frothy liquid.

Milk, yogurt, frozen yogurt, ice cream or tofu usually forms that liquid base.

Tera Liescheidt, dietitian with the St. Louis District Dairy Council, says any combination of fresh, frozen or canned fruit is fine. Frozen fruit makes it thicker. Banana chunks, strawberries, raspberries, blueberries, cantaloupe cubes and sliced peaches — each of which also can be frozen with resulting fresh flavor — are excellent summer starters.

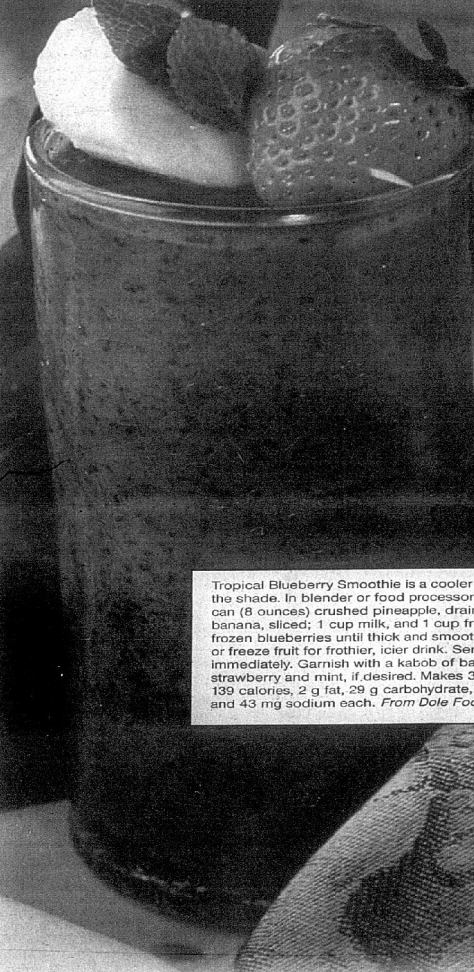
The most popular smoothies to buy are flavored with coffee, vanilla, nutmeg, cinnamon, cocoa and malt powder add individual punch. For sweetness, try the full garnet of honey, maple syrup, a fruit spread, or brown, confectioner's or granulated sugar. Sugar substitutes yield fewer carbohydrates and calories.

Liescheidt recommends adding protein beyond the milk "to get the most bang for the buck when using a smoothie in exchange for a meal, like breakfast." What might that be? She suggests extra nonfat dry milk, cottage cheese, peanut butter or instant breakfast mix powder.

Anita Hohn, also a dietitian with the dairy council, says, "They really provide a powerful bunch of nutrition, plus flavor. Anyone can change ingredients by putting in what is on hand and mixing and matching ingredients."

Convenience ranks high with smoothies, particularly with the grab-'n-go breakfast set. Because they are ready to drink, they make better traveling companions on the dashboard than sandwiches or burritos, yet

See SMOOTHIES, inside TODAY'S FOOD Page 2



Tropical Blueberry Smoothie is a cooler made in the shade. In blender or food processor, blend 1 can (8 ounces) crushed pineapple, drained; 1 ripe banana, sliced; 1 cup milk, and 1 cup fresh or frozen blueberries until thick and smooth. Add ice or freeze fruit for frothier, icier drink. Serve immediately. Garnish with a kabob of banana, strawberry and mint, if desired. Makes 3 servings; 139 calories, 2 g fat, 29 g carbohydrate, 4 g protein and 43 mg sodium each. From Dole Food Co.

## Choco-Chillers

Chocolate milk may be a super-hero that saves the day when kids tire of plain milk. Use it straight or made into cubes, add other favorite ingredients and whirl in a blender or food processor for a healthy mixture. Comparing two-percent milks, chocolate has similar amounts of calcium, riboflavin, vitamins A and D and protein and 60 more calories than white milk.

**Granola Shake-Up:** In blender or food processor, blend 1 cup chocolate milk, 1 cup vanilla frozen yogurt and 1/3 cup low-fat granola until smooth. Stir in 1/3 cup granola, 2 tablespoons raisins or chopped dried fruit and 1/4 cup mini marshmallows. Makes 2 servings.

**Fruity Shake-Up:** In blender or food processor, blend 3/4 cup chocolate milk and 4 frozen chocolate milk cubes until smooth. Add 1/2 cup frozen sweet cherries, 1/2 cup frozen berries or 1 banana, cut in chunks, to mixture while blending.

**Fruit 'n' Nut Shake-Up:** In blender or food processor, blend 1/2 medium banana, sliced; 1/2 cup fresh strawberries and 1 cup chocolate milk until smooth. Add 2 tablespoons creamy peanut butter, 1 teaspoon honey and 1 cup vanilla, chocolate or strawberry frozen yogurt. Process until smooth.

## Kids' Cuisine



## Shredded wheat stays versatile through the years

Shredded wheat is like an old friend that is nice to have around, cereal manufacturers have discovered, so they have dressed it to appeal to current tastes.

### TEST RUN

Sampling four new varieties — two promoted with fruit flavor, one with nuts and honey, and a fourth with brown sugar — affirmed what many tasters already knew: Shredded wheat makes a dandy snack, as well as a morning — or anytime — cereal with milk.

Kellogg's strawberry and raisin squares (also in blueberry and apple cinnamon), \$3.49 for 16.5 ounces), Healthy Choice toasted brown sugar squares (made with rice, oats and wheat, \$2.99 for 16.5 ounces) and Post honey nut squares (\$3.19 for 20 ounces) are bite-size varieties of the plain shredded wheat pillows many people have eaten since they were children. Judging by the quick disappearance of the



A variety of sweet additions diversify the flavor, and sometimes the texture, of shredded wheat cereal, an old favorite.

Kellogg's mini-wheats filled with Smucker's strawberry filling, it was the favorite of most tasters. "The crunchiness and sweetness was fine and a personal flavor favorite of mine," a taster said. Another included the raisin variety with it.

"The Kellogg's Smucker strawberry and the raisin were delicious. No sugar (was) needed. The chewy inside complemented the crunchiness of the shredded wheat. Both held up well in milk," a taster said. Another summed up comments about extending

their use beyond cereal with milk. "They all make wonderful dry snacks," she said. "All were good breakfast choices, with only one or two grams fat and four or five grams fiber (in each 1/4- to 1-cup serving). There was little difference in

sugars, too, with the Post cereal and Kellogg's raisin having a bit more sugar and 1 gram less fiber."

Calories per serving ranged from 170 to 200. Comments about Post honey nut mini shredded wheat ranged the spectrum. Some loved it; others said they would never buy it. It was crunchier and had less traditional shredded texture to the bite than the other three. One found it "too hard and crunchy — even in milk."

Others called it their favorite because its honey flavor lingered and its crispness held up longer. They liked it particularly for snacking. Another thought the flavor was too sweet.

The level of sweetness was just right for some who tested the Healthy Choice product.

"It had the best combination of good qualities: crunchiness and energy," she said. "It has a shredded texture I like particularly with milk," a taster said.

The strawberry mini-wheats did not last

long enough for long-range testing, but the raisin squares did. One taster thought they softened too quickly for her tastes.

"I didn't like the combo of wheat and raisin as well. It didn't seem as crunchy as the others, even the strawberry. Maybe the raisins softened the wheat more," she suggested.

One tester, a self-affirmed "big shredded wheat fan" who keeps it on hand to eat as a late-night snack, liked the Post honey nut variety, first, for its crunch and, second, for the level of sweetness, which meant he did not add sugar.

Overall, however, he usually stays away from national brand varieties.

"The thing is the price. Most name brand cereals are so expensive I opt for the generic brands," he said.

One tester, who likes intense flavors, did not think the sweetness of the two she tried satisfied her palate.

"Thank heaven for Equal!" she said.

## So many varieties of pasta to try out

By Kathleen Obert  
Correspondent

Pasta, an ancient staple in the Italian diet, is uniquely suited for today's low-fat eating style. Most pasta dishes are quick to prepare, which means busy, active people can make and eat a home-cooked meal in a short period of time.

**HEART-Y BITES** Some people see pasta as fattening, so do not consider it chic.

However, there is a wide array of sauces based on vegetables, fish, lean meats and herbs that require little fat and only a small amount of cheese, so those pastas drenched in butter, cream and rich cheeses — high in calories and fat — can be dropped from the home menu.

Pasta is a complex carbohydrate with significant protein. This food provides time-released energy, as well as B-vitamins, fiber and iron for the body. Plain pasta is a low-fat, low-sodium, low-cholesterol food that mixes easily with sauces or other foods.

Pasta often suffers from two mistakes — being cooked too long and dressed in too much sauce.

For pasta to hold up to sauce, the proper degree of doneness is al dente, which means it is chewy, not limp or raw.

When cooking pasta, follow package directions for the ratio of uncooked pasta to boiling water, stir frequently to make sure the pasta does not stick and taste it for doneness. If the

pasta tastes raw, continue to boil and keep tasting until the pasta is chewy and flavorful.

When adding sauce, add just enough to flavor the pasta, not make it soupy.

If the sauce is the constant already chosen, then the proper pasta becomes the variable. For a thick meat sauce, choose spaghetti or vermicelli in quantity to be coated lightly. Flat ribbons, such as fettuccine, are best for rich sauce, which completely coat them.

Hollow shapes (macaroni) pick up sauce on the outside and inside so the companion sauce must have lots of desirable flavor. Wheels, bow ties and shells also hold large amounts of sauce.

The sauce for this recipe combines Italian and Mexican flavors, as well as fresh tomatoes, a perfect ingredient when they are abundant and fresh from the garden. Mexican flavor is provided in the thick and chunky salsa, a mixture of tomatoes, onions and chiles. Italian flavor comes from olive oil, garlic and parmesan cheese.

The pasta chosen for this recipe is penne rigate, a hollow macaroni pasta. "Penne" indicates the pasta is cut like quills or fountain pens. "Rigate" means it has lines or ridges. Penne rigate is ideal as a thick sauce a person wants to taste in each delicious mouthful.

Registered dietitian Kathleen Obert is a member of the nutrition committee of the American Heart Association, St. Louis Chapter.

### PASTA WITH RIPE TOMATOES

- 1 1/2 cups garden-ripe tomatoes, cut in chunks
- 1 tsp. olive oil or canola oil
- 1 tsp. minced garlic (2 cloves)
- 1/4 cup chopped onion
- 1/2 cup thick and chunky salsa (mild)
- 1/2 tsp. sugar
- 1/4 tsp. salt, if desired
- 3 cups (12 oz.) uncooked penne rigate
- 3 tsp. freshly grated parmesan cheese

Immerse tomatoes in boiling water 30 seconds, place chunks, remove extra-seedy areas, drain off watery liquid, then measure.

In saucepan, cook garlic and onion in hot oil 3 minutes. Add salsa and sugar. Bring to boil. Cook 1 to 2 minutes. Check for doneness. When pasta is al dente, drain well.

Complete sauce by adding tomato and salt to salsa mixture. Heat until tomato is just warm.

To serve, toss together pasta, sauce and parmesan cheese. Makes five (1 1/2-cup) servings; 349 calories, 14 g protein, 64 g carbohydrate, 5 g fat, 2 mg cholesterol and 616 mg sodium each.

## Herbs leave fresh imprint of flavor on old vegetables

By Mary Schroepfer  
Correspondent

Summer gardens and farmer markets offer a bounty of fresh produce. Juicy sweet corn, succulent and vine-ripened tomatoes, crunchy new potatoes, melons and peaches that drip with juice, and crisp peppers, cucumbers and salad makings are at their peak of flavor and availability.

To give old-fashioned favorites like corn or tomatoes a new taste, add a pinch of fresh herbs. Sweet basil, oregano, mint, parsley or cilantro add zip to zucchini, green beans and peas in salads and main dishes.

Sweet basil: The tomato herb is typically added to spaghetti sauce and pizza sauce.

• For a fresh treat, add 2 tablespoons chopped basil to a tray of sliced garden-fresh tomatoes and drizzle with olive oil.

• For a fresh pasta sauce, cook 1 onion, finely chopped, and 3 cloves garlic, minced, in heavy sautépan with 2 tablespoons hot oil until soft. Add 4 tomatoes, chopped, and 1/2 cup chopped fresh basil. Heat just until hot, then serve over hot cooked spaghetti.

• Cook 3 small zucchini in a little oil. Season with 2 tablespoons chopped basil. Another day, add basil to a fish or chicken dish, eggs, cottage cheese or peas and carrots.

Cilantro leaves: Season burritos, tacos, enchiladas and Mexican salads.

Mint: Use in fruit salad, or fruit punch, tea or jelly, with peas or lamb.

Mediterranean oregano: Use with basil in pizza and spaghetti sauce. Fresh oregano is good with potatoes, fish, bread,

green beans and pork, as well as in salad.

Mexican oregano: Stronger in flavor than Mediterranean oregano, it is used in Mexican dishes.

Summer savory: Add zip to pork, veal or chicken stuffing. It also is good with green beans, eggplant or zucchini in vegetable soup.

This chilled salad is worth taking to a picnic or patio party. Choose well-fleshed tomatoes with few seeds and tender young ears of corn. Keep tightly covered in a well-iced cooler.

Home economist Mary Schroepfer is nutrition specialist with University Extension (University of Missouri system) in Franklin County.

### CORN, TOMATO AND BASIL SALAD

- 6 ears sweet corn, husked
- 1/4 cup olive oil or salad oil
- 1 tsp. finely chopped garlic
- 1/2 cup thinly sliced fresh basil, packed
- 5 Italian tomatoes or other meaty tomatoes, chopped, seeded
- 3 tsp. balsamic vinegar
- Salt and pepper to taste

Using sharp knife, cut kernels from corn cobs.

Heat 2 tablespoons oil in skillet over medium heat. Heat garlic 1 minute until soft. Add corn. Cook 5 minutes longer. Remove from heat. Add half the basil.

Pour corn mixture into large bowl. Cool. Add tomato, vinegar, 3 tablespoons oil and remaining 1/4 cup basil. Season to taste with salt and pepper.

Refrigerate, covered, 3 to 8 hours to blend flavors. Makes six (1-cup) servings, 210 calories and 1 g fat each.

red bell pepper and 1 small zucchini or yellow squash, diced. Drain.

In medium sautépan, heat 1 jar (27.5 ounces) light pasta sauce. Toss with hot pasta and vegetables. If desired, sprinkle with grated parmesan cheese. Makes 4 to 6 servings.

## Smoothies

Continued from page 1C.  
still providing morning energy.

To cool summer's heat, whirl ingredients with ice; these are best drunk right after making them. A smoothie cup kept in the refrigerator about 24 hours. To revive it, Chace and Keane suggest blending it again with 1/4 cup ice until smooth.

The authors do not stop with fruity froths. They suggest combinations that play to the body, like a supplement of ginseng to alleviate stress, protein powder to help athletes with body building and selenium-enriched brewer's yeast for healthy skin.

They also point out which fruits and vegetables hold many of these components. Whether eaten or used externally, avocado is a traditional skin moisturizer and conditioner.

Strawberries, papaya, tomato juice and citrus fruits are rich in vitamin C, as well as potassium. Nuts and seeds not only add texture to a thick smoothie, but also fat and fiber that stay with the body beyond the carbohydrates.

Cold cereal, including wheat germ, can be added to the blend for fiber. Just add some to the liquid base and soak 1 minute before mixing. Even cooked grains, like oats, brown rice and kasha, work in the blender.

Here is a selection of recipes from a wide variety of sources that have become an 'item' in this summer of the smoothie. Always cover the blender or food processor before turning it on to avoid treating the kitchen walls to the refreshment.

### GROOVY SMOOTHIE

In blender, process 2 small ripe bananas, cut in chunks; 1 cup frozen unsweetened strawberries; 1 carton (8 ounces) vanilla low-fat yogurt and 3/4 cup skim milk until smooth. Makes 2 servings; 264 calories, 3 g fat, 9 g protein, 54 mg carbohydrate and 114 mg sodium each.

From "Best Milk Recipes in America Cookbook."

### TROPICAL COOLER

In blender or food processor, blend 1 cup pineapple juice; 1 mango, peeled, seeded and chopped; 1 medium ripe banana, and 6 ice cubes until smooth. Garnish with mango wedge, if desired.

Makes 3 servings; 185 calories, 1 g fat, 2 g protein, 47 g carbohydrate and 4 mg sodium each. From Dole Food Co.

### STRAWBERRY SPORTS FIZZ

In blender, blend 1 cup skim milk and 1/2 cup frozen strawberries about 20 seconds until smooth. Add 1/2 cup light ice cream and 1/2 cup seltzer. Blend a few seconds to mix briefly. The colder the seltzer, the foamier it becomes. Makes 1 generous serving; 180 calories, 3 g fat, 11 g protein, 28 g carbohydrate and 62 mg sodium each.

From St. Louis District Dairy Council.

### BANANA PUDDING SHAKE

In blender, blend 1 1/2 cups milk; 1 banana, cut in chunks and frozen; 1/2 cup light vanilla frozen yogurt; 5 vanilla wafers, and 1 teaspoon vanilla until smooth.

Makes 2 servings, 210 calories and 2 g fat each. From St. Louis District Dairy Council.

### CITRUS LIGHT

In blender or food processor, blend 1 1/2 cups seedless watermelon pieces; 1 orange, peeled and seeded; 1/2 cup lime sorbet, and 1/4 lemon, peeled and seeded, until smooth. This is not overly sweet.

Makes 1 serving; 272 calories, 1 g fat, 66 g carbohydrate and 3 g protein each. From "Smoothies for Life."

### HINDU LOVE GODDESS

In blender or food processor, blend 1 cup nonfat milk, 1 cup vanilla low-fat frozen yogurt; 3 dates, pitted and chopped; 1/8 teaspoon ground cloves; 1/8 teaspoon cardamom; 1/8 teaspoon cinnamon and 1/4 teaspoon vanilla until smooth.

Makes 2 servings; 198 calories, 2 g fat, 36 g carbohydrate and 8 g protein each. From "Smoothies to strengthen the reproductive system" in "Smoothies for Life!"

## Old and

Nothing says the South like squash casserole, baby-smooth summer squash sautéed onion cornbread on recipe shows baked at the top of the squash hearty casserole than half the. Along with Summer Squash Cornbread Casserole, country ham, ripe tomatoes, summer supp

### SUMMER AND COOL CASSEROLE

1/4 cup (1/2 stick) margarine

## Ca



HOURS:  
M-F 8AM-7P  
SAT 8AM-6P  
SUN 11AM-6P

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## Old favorites — cornbread and squash — make a call Big clue: Find the colonel, in kitchen, with the knife

Nothing says summer in the South like a good ol' squash casserole made with baby-smooth yellow summer squash and sautéed onion.

Instead of serving cornbread on the side, this recipe shows it can be baked at the same time on top of the squash for a hearty casserole in fewer than half the dishes.

Along with a plateful of Summer Squash and Cornbread Casserole, fresh green beans seasoned with country ham and sliced ripe tomatoes make a great summer supper.

### SUMMER SQUASH AND CORNBREAD CASSEROLE

$\frac{1}{4}$  cup ( $\frac{1}{2}$  stick) butter or margarine

1 large sweet onion, cut in thin wedges  
2 lb. yellow summer

squash, sliced  $\frac{1}{4}$  inch thick (about 8 cups)  
 $\frac{1}{2}$  tsp. salt  
 $\frac{1}{4}$  tsp. coarsely ground pepper  
1 pkg. (6 oz.) regular or buttermilk cornbread mix  
 $\frac{3}{4}$  cup milk  
 $\frac{1}{2}$  cup (4 oz.) shredded cheddar cheese

Preheat oven to 450°. Grease 2-quart baking dish. In large skillet, melt butter over medium-high heat. Cook onion until translucent. Add squash, salt and pepper. Reduce heat. Cook, covered, about 15 minutes until squash is tender.

Remove lid. Mash squash

gently with fork to break up large pieces. Continue cooking, uncovered, about 5 minutes until slightly thickened and creamy. Pour squash into prepared baking dish.

In medium bowl, stir together cornbread mix, milk and cheese just until blended. Spoon around edge of baking dish. Bake 15 to 18 minutes in preheated oven until golden brown. Let stand 5 minutes before serving.

Makes 6 to 8 servings; 210 calories, 11 g fat, 25 mg cholesterol, 450 mg sodium, 22 g carbohydrate, 5 g protein and 4 g dietary fiber each, based on 8 servings. Dietary exchanges: 1 starch, 1 vegetable, 2 fat or 1 carbohydrate, 1 vegetable, 2 fat.

By Sandra Housom  
Correspondent

It has been a colorful game for centuries. Used as a condiment, a spice and a medicine, mustard comes in three colors of ripened seed: white or yellow, black and brown. The color of the seed determines the color of the mustard.

### MICRO RAVES

A recent trip to Florida netted a book, "A Dash of Mustard: Mustard in the Kitchen and on the Table" by Katy Holder and Jane Newkirk (Chartwell Books, 1995).

The mustard plant belongs to the same family as cabbage, broccoli, radish and watercress. White mustard is found in northern Europe and North America, while the pungent black is native to southern Europe and western Asia. Brown is native to India.

Black seeds, the smallest and the hardest to harvest, often must be gathered by hand. Because it can be harvested mechanically, brown mustard is more common than black.

White mustard has the largest seeds and the mildest flavor. Dry mustard powder mixed with cold water becomes a hot condiment for Chinese food. The green leaves of a young plant can be eaten in

salad, while older, larger leaves can be cooked briefly before eating.

Early in this century in Great Britain, the Mustard Club began as an advertising gimmick to increase the sagging popularity of mustard. Members pledged to eat mustard "on all proper occasions to improve appetite and strengthen digestion." Those eating in a restaurant could refuse to tip a waiter who "forgets to put mustard on the table."

Mustard varieties come from around the world, with Dijon, France, being the best known. Dijon mustard is smooth, yellow in color, and has a pronounced pungency. Yellow mustard powder is common in Britain.

Mustard is made into a syrup to preserve fruits in Italy. German mustard ranges from mild to a sweet-and-sour taste.

Very mild, the American style, made from white seeds, is the mustard of hot dog fame. It adds that extra and desirable kick or bite to many foods, such as potato salad, salad dressing and sauce.

The book, with its flavorful history and tidbits of information, contains recipes for different types of mustard. Many do not require direct cooking of mustard, but include it as

part of a marinade, for basting or spreading or dipping sauce, during or after cooking.

This sauce from the book was adapted easily to use in a microwave oven. Serve it with vegetables or any meat.

Home economist Sandra Housom specializes in microwave cooking.

### ALL-PURPOSE MUSTARD SAUCE

2 tbsp. butter or margarine  
 $\frac{1}{2}$  tsp. flour  
1 cup milk  
2 tsp. dry mustard powder or 1 tsp. Dijon mustard  
Salt and freshly ground black pepper to taste  
2 tbsp. light cream (if desired)

In 4-cup glass bowl or cup, microwave butter on high power 15 to 20 seconds until melted. Stir in flour until smooth. Microwave 20 seconds.

Gradually stir in milk until smooth. Add mustard, salt and pepper and cream. Stir until smooth. Microwave on high power 1 to 2 minutes until hot, stirring after 1 minute.

Makes about  $\frac{1}{2}$  cups.

## Can we have a heart to heart?

Come to Women's Heart Check Day and find out how healthy your heart really is.

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Pre-registration is required. Reservations can be made by calling Memorial's Community Relations Department at (618) 257-5649.

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## Tasty baked dish uses winning garden variety of crisp, fresh veggies

Evelyn Schanzle, Godfrey, Ill., is the winner of this week's recipe contest for Eggplant-Zucchini Medley. The prize is dinner certificates from the Pasta House Co.

### BLUE RIBBON COOK

It is an all-in-one dish with a thin layer of pasta in the center to help absorb the juices. The aroma is inviting while it cooks, making it a summer bonanza. Schanzle calls it "a tasty use" of "all vegetable ingredients from our garden."

Homegrown tomatoes which she has stewed can replace canned tomato sauce. She likes to serve the medley with a mixed salad and rolls for lunch or a light supper.

Recipes for the Fruity Salad Recipe Contest are due Aug. 31. A winner will be rewarded each Wednesday during September, so readers of Today's Food have an opportunity to win one of five times.

A single household can submit a single recipe for any kind of salad with fruit as a major component to:

Fruity Salad Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131. The fruit used in the recipe should be available in September.

As usual, if there is a history to the recipe, it will be considered part of the entry. Along with taste and eye appeal, it will form the basis for selecting winners. Originality will be considered, although the recipe need not be original. If possible, name the recipe's source. Include the name of the Journal you receive.

### EGGPLANT-ZUCCHINI MEDLEY

1 can (16 oz.) tomato sauce  
1 tsp. Worcestershire sauce  
 $\frac{1}{4}$  tsp. pepper  
1 tsp. oregano  
1 tsp. chopped fresh or 1 tsp. dried basil  
1 medium clove garlic, minced  
1 medium eggplant, peeled, sliced  
2 medium zucchini, sliced  
 $\frac{1}{2}$  cup uncooked spaghetti, broken in small pieces  
2 medium ribs celery, chopped  
1 medium onion, chopped  
1 medium green bell pepper, chopped  
8 oz. mozzarella cheese, cut in small pieces

Preheat oven to 350°. Lightly coat casserole dish with nonstick cooking spray.

In bowl, combine tomato sauce, Worcestershire sauce, pepper, oregano, basil and garlic. Mix well.

In prepared dish, layer half the ingredients: eggplant, zucchini, spaghetti, celery, onion and green pepper. Arrange cheese on top, then spoon half the tomato mixture on top. Repeat layer with remaining ingredients. Bake in preheated oven about 1 hour.

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# Today's Food

## River tour touts 'mud' pie and whitewashed fences

Cruising to Alaska or in the Caribbean is not the only way to be treated to fine food. Old-fashioned river cruise vacations, like those the Delta Queen Steamboat Co. hosts, intertwine history, folklore and landscapes of headland America and fill the plate with foods that would make Abraham Lincoln and Mark Twain join the festivities on deck and in the dining room.

As executive chef aboard the American Queen, the world's largest paddlewheel steamboat, Paul Wayland-Smith oversees a galley staff of 34 that produces 1,744 meals a day for the boat's passengers and crew.

The chef's food order for a typical six-night Mississippi Queen or American Queen cruise would send many supermarket shoppers scurrying for the exit: 3,338 pounds meat and poultry, 1,564 pounds seafood, 229 cases fresh produce, 273 cases canned goods, 313 pounds cheese, 6,258 eggs, 100 gallons ice cream and sherbet, 1,251 pints of other dairy products, 172 cases of bread and 5,066 rolls and

muffins. The legendary Delta Queen requires about half her sister steamboats' provisions.

A tour of Americana food would not be complete without a luscious dessert that strays from modesty.

### MISSISSIPPI MUD PIE

4 oz. unsweetened chocolate, melted, cooled  
1/2 lb. (2 sticks) unsalted butter, softened  
2 cups sugar  
4 eggs  
1/2 tsp. salt  
1 cup vanilla  
1 cup flour  
1 cup pecan pieces  
1 qt. coffee ice cream (homemade, if desired)  
Whipped cream  
Chocolate syrup, warmed (optional)  
Pecan pieces (optional)

Preheat oven to 375°. Grease 8-by-11-inch pan. Whip butter. Add sugar, eggs, salt and vanilla. Mix well. Add melted chocolate and flour. Mix well. Fold in

pecans. Pour batter into prepared pan. Bake in preheated oven about 30 minutes. Turn out on flat surface and cool. Top brownie with Coffee Ice Cream. Freeze until set. Top with whipped cream. Freeze again. Top with warm chocolate syrup and pecans. Makes 8 servings.

Whipped Cream: In chilled bowl, whip 2 cups heavy whipping cream, 1 cup confectioner's sugar and 2 teaspoons chocolate liqueur until stiff.

Coffee Ice Cream: Scald 2 cups whole milk and 3 cups heavy cream. Add 1 1/2 cups sugar. Stir until sugar is dissolved.

In separate bowl, beat 4 eggs, 1/2 teaspoon vanilla and 2 teaspoons instant decaffeinated coffee mixed with 2 tablespoons water. Slowly add milk mixture to eggs, whipping continuously. Return to heat. Cook and stir over low heat about 15 minutes until mixture coats spoon. Chill overnight. Freeze in ice cream freezer the next day.

**WHITE BEAN AND TUNA SALAD**  
Mix together 4 cups white cannellini beans, drained and rinsed if canned; 1 clove garlic, minced; 1/2 cup

chopped red onion; 1/2 cup chopped fresh parsley; 1/2 cup olive oil, and salt and freshly ground pepper to taste. Arrange 2 cans (about 6 ounces each) tuna,

drained, on top. Gently mix without pulling apart tuna. Let sit 1 hour to let flavors blend. Refrigerate to hold longer before serving. Makes 4 to 6 servings.

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<b>PRODUCE</b>		
<b>CLASSIC DOLE SALAD.....</b>	<b>99¢</b>	16 OZ.
<b>MISSOURI WATERMELONS.....</b>	<b>\$1.99</b>	EACH
<b>CALIFORNIA CANTELOPES.....</b>	<b>89¢</b>	EACH
<b>DAIRY &amp; FROZEN</b>		
<b>IMPERIAL SOFT MARGARINE.....</b>	<b>2/\$3.00</b>	1 LB. BOWL
<b>HYDE PARK ORANGE JUICE.....</b>	<b>\$1.89</b>	GAL. JUG
<b>PRAIRIE FARMS ICE CREAM.....</b>	<b>\$1.79</b>	1/2 GAL.

**HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN**

**HIT-N-RUN FOOD STORE**

STAY IN YOUR CAR LEAVE THE WALKING TO US!

WE ACCEPT LINK CARDS AND MANUFACTURERS COUPONS

**AUGUST SPECIAL!**

**FREE GAME PIECE WITH EVERY HUMDINGER**

Mug Root Beer • Cherry Pepsi • PEPSI • Diet Pepsi • Mountain Dew

**79¢** 1 Liter Big Slam **SAVE** **1.49** COLD 6 PACK CANS

**Aqua Fina Water 99¢ Liter**

<b>CHOCO RICH</b> \$1.69 GALLON JUG	<b>HOMO • CHOCOLATE 2% MILK • O.J.</b> 59¢ RESEALABLE 6 PACK	<b>FRUIT DRINK</b> 39¢ PLASTIC QUART
<b>NATURAL SPRING WATER</b> 59¢ SPORTS CAP	<b>ESKIMO PIE</b> 39¢ 16 OZ.	<b>MERIDIAN CLEAR</b> 59¢ 16 OZ.
<b>MILWAUKEE'S BEST LIGHT • ICE</b> COLD 6-PACK CANS	<b>BUSCH OR BUSCH LIGHT</b> COLD 24 OZ CANS	<b>LITE • GENUINE DRAFT</b> COLD 15 PACK

**1.89** **79¢** **5.99**

**GPC ALL STYLES \$1.79 PER PACK**

**YOUR Basic SPECIAL OFFER** Buy Two Get One FREE equals \$1.59 per pack. Pre-packed 3-packs only.

**JACK DANIELS \$2.99** COLD COUNTRY COCKTAILS 4 PACK

**BOONES WINES \$1.59** ICE COLD 750ML

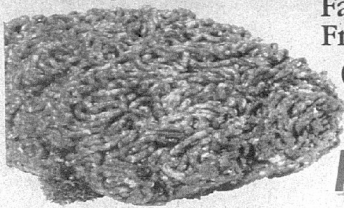
**HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN**



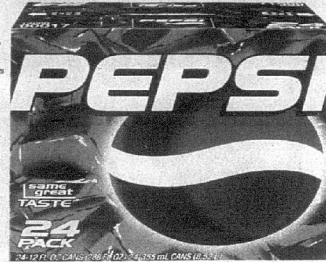
**QUEST** We gladly accept  
Quest Cards or  
Food Stamps

# FOOD FOR LESS

**TRIPLE THE  
DIFFERENCE  
EVERYDAY  
LOW PRICE**  
Guaranteed!



Family Pack  
Fresh Ground Regular  
**Ground Beef**  
**78¢**  
lb.



24-12 oz. cans  
Assorted Varieties  
**Pepsi**  
**398**  
Limit 2 with additional  
\$10 purchase excluding  
liquor & tobacco

**REAL VALUES — LOWER EVERYDAY PRICES GUARANTEED!**



7.25 oz.  
**Kraft  
Macaroni &  
Cheese**  
**2/99¢**



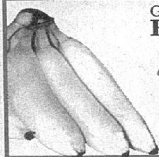
13 to 16 oz. Assorted Varieties  
**Quaker  
Cap'n Crunch  
Cereal**  
**2/\$4**



Gallon  
Assorted Varieties  
**Pevely  
Fruit  
Drink**  
**88¢**



Gallon  
1/2% or 2% Reduced Fat  
**Farmcrest  
Milk**  
**199**



Golden Ripe  
**Bananas**  
**4/\$1**  
lbs.



103 to 128 oz.  
Powder or Liquid  
**Purex Laundry  
Detergent**  
**299**



1/2 gallon  
Regular and Light  
**Edy's  
Ice Cream**  
**2/595**



24-12 oz. can Suitcase  
**Natural  
Light Beer**  
**899**  
Illinois Store \$8.29

Real Values		Produce		Real Values		Meat	
 Jumbo Honeydew Melons <b>198</b> each	 Jumbo Cantaloupes <b>2/\$3</b>	 Marinate and Grill Family Pack Boneless Chuck Steaks <b>148</b> lb.	 Family Pack Mixed Rib and Loin Center Cut Pork Chops <b>198</b> lb.	 16 oz. pkg. Farmland Jumbo Hot Dogs <b>88¢</b>	 16 oz. pkg. Assorted Varieties Seitz Lunchmeats <b>128</b>		
 Superior White Seedless Grapes <b>88¢</b> lb.	 Georgia Peaches <b>2/\$1</b> lb.	 4 leg quarters and 4 breast quarters per pkg. Tyson Chicken Grill Pack <b>98¢</b> lb.	 Trim n Tender Family Pack Stew Beef <b>168</b> lb.	 16 oz. pkg. Assorted Varieties Farmland Bacon <b>168</b>	 16 oz. roll Assorted Varieties Farmland Sausage <b>88¢</b>		
 California Bartlett Pears <b>88¢</b> lb.	 In The Husk California Super Sweet Yellow Corn <b>5/\$1</b> ears	 4 pack 9 oz. T-Bones & 6 oz. Rib-Eyes Stamped Steaks <b>798</b> 2.25 lb. box	 14 oz. pkg. Louis Rich Turkey Smoked Sausage <b>158</b>	 16 oz. Regular or cheese Louis Rich Turkey Franks <b>98¢</b>	 16 oz. pkg. Assorted Varieties Carl Buddig Water Sliced Meats <b>298</b>		
Real Values Dairy & Frozen		Real Values		Grocery			
 12 Original, Thin, Light Tombstone Pizza <b>3/995</b> Microwave Pizza 3/\$5	 12 oz. Best Choice American Singles <b>159</b>	 18 oz. Original, Smoke, Honey Kraft Barbeque Sauce <b>79¢</b>	 32 oz. Welch's Grape Jelly <b>99¢</b>	 175 ct. Kleenex Facial Tissue <b>89¢</b>	 2 liter Assorted Varieties Pepsi <b>69¢</b> Limit 6		
 12 pack Pevely Brown Cows <b>2/\$3</b>	 16 oz. Pevely Sour Cream <b>96¢</b>	 32 oz. Kraft Miracle Whip <b>219</b>	 2 quart unsweetened Assorted Varieties Kool-Aid <b>10/99¢</b>	 22 oz. Regular or Lemon Fantastic Cleaner <b>189</b>	 33.8 oz. Assorted Varieties Best Choice Flavored Water <b>59¢</b>		
 7 oz. Assorted Varieties Banquet Pot Pies <b>2/99¢</b>	 Regular or Light Best Choice Soft Cream Cheese <b>79¢</b>	 15 oz. Assorted Varieties Del Monte Peaches <b>99¢</b>	 8 quart can Regular and Pink Lemonade Country Time <b>149</b>	 17 oz. Aerosol & Trigger Detergent Bathroom Cleaner <b>189</b>	 15-17 cans Regular, Lite, Drought Miller Beer <b>599</b>		
 12 pack North Star Dream or Fudge Bars <b>2/395</b>	 16 oz. Assorted Varieties Best Choice Dips <b>96¢</b>	 16 oz. Wonder Country Style Bread <b>199¢</b>	 2-12 pack 12 oz. cans Assorted Varieties Coca-Cola <b>488</b> Limit 4 with additional \$10 purchase excluding liquor & tobacco.	 9 oz. Assorted Varieties Glade Aerosol Air Freshener <b>99¢</b>	 9 to 10.5 oz. Assorted Varieties Pop Secret Microwave Popcorn <b>179</b>		
 8 ear Birds Eye Cob Corn <b>2/\$3</b>	 3 lb. tub Blue Bonnet Spread <b>129</b>	 40 oz. Jiffy Baking Mix <b>139</b>	 24 ct. Family Size Lipton Tea Bags <b>189</b>	 6 pack Caress Bar Soap <b>499</b>	 4.5 oz. Assorted Varieties Tostitos <b>2/495</b>		
 16 oz. Assorted Varieties Best Choice Frozen Bagels <b>79¢</b>	 10 oz. Assorted Varieties Aunt Jemima Waffles <b>109</b>	 15-20 oz. Sugar Frosted Flakes, Raisin Bran, Preserved Fruit Wild Always Save Cereal <b>199</b>	 2 liter Assorted Varieties Coke <b>88¢</b> Limit 6	 6 pack Milk Chocolate Almond Kit Kat Hershey Candy Bars <b>199</b>	 8-10 oz. Assorted Varieties Sunshine Cheez-it <b>179</b>		
UNIVERSITY CITY 8027 OLIVE STREET, HOURS MON-SAT 7:30 AM-9:30 PM, SUN 8:00 AM-8:00 PM		JENNINGS 8995 JENNINGS ROAD, HOURS MON-SAT 8:00 AM-9:30 PM, SUN 8:00 AM-8:00 PM					
MADISON 1127 MADISON AVENUE, HOURS MON-SAT 8:00 AM-9:00 PM, SUN 8:30 AM-7:00 PM		HIGH RIDGE 2713 HIGH RIDGE BLVD & HWY 30, HOURS MON-SAT 7:00 AM-8:30 PM, SUN 8:00 AM-8:00 PM					
Prices Effective 8-5-98 thru 8-11-98							

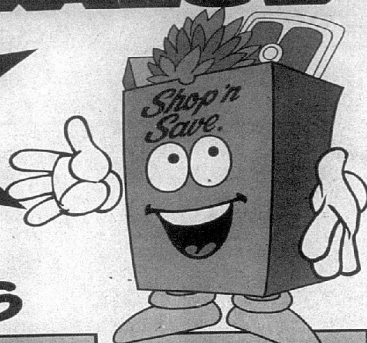
Prices Effective 8-5-98 thru 8-11-98  
Wed Thur Fri Sat Sun Mon Tue  
5 6 7 8 9 10 11



# Shop 'n Save®

# TOTAL VALUE

# HOT

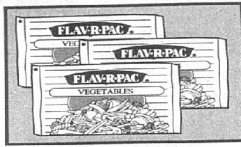


## Frozen Food Values



ASSORTED FLAVORS,  
PRAIRIE FARMS, PREMIUM  
**Old Recipe**  
Ice Cream

**2/488**  
HALF GALLON



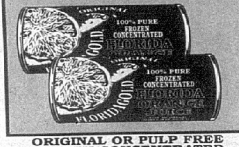
ASSORTED VARIETIES  
**Flav-R-Pac**  
Vegetables

**5/\$4**  
16-OZ. PKG.



ASSORTED VARIETIES  
**Jack's Naturally**  
Rising Pizza

**3/995**  
29.5-40 OZ. PKG.



ORIGINAL OR PULP FREE  
FROZEN CONCENTRATED  
**Florida Gold**  
Orange Juice

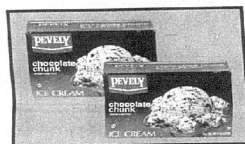
**77¢**  
12-OZ. CAN



ASSORTED VARIETIES  
**Pet Ritz**  
Creme Pies

**99¢**  
14-OZ. PKG.

EVERYDAY LOW PRICE



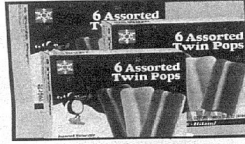
ASSORTED FLAVORS  
**Pevely**  
Ice Cream

**2/495**  
HALF GALLON



ASSORTED VARIETIES  
**Kids Cuisine**  
Dinners

**3/495**  
6.25-8.8 OZ. PKG.



ASSORTED VARIETIES  
**North Star**  
Twin Pops

**3/198**  
6-CT. PKG.



GRAPEFRUIT COCKTAIL OR  
CRAN/RASPBERRY TEA  
**Old Orchard**  
Juice

**2/\$1**  
12-OZ. CAN



ASSORTED VARIETIES  
**Marie Callenders**  
Pot Pies

**2/\$3**  
10-OZ. PKG.

ASSORTED VARIETIES  
**Flav-R-Pac**  
Stir Fry

**4/\$5**  
16-OZ. BAG

**Flav-R-Pac Big**  
Daddy Steak Fries

**99¢**  
2-LB. BAG

VANILLA OR VARIETY PACK  
**Nestle**  
Drumsticks

**498**  
8-CT. PKG.

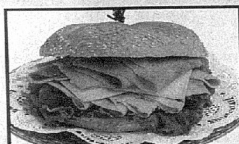
ASSORTED VARIETIES, MEAT  
**Marie Callenders**  
Dinners

**2/\$5**  
13-14 OZ. PKG.

ASSORTED VARIETIES  
**Marie Callenders**  
Entrees

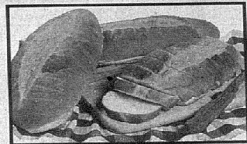
**3/\$5**  
10.5-15 OZ. PKG.

## Deli/Bakery/Seafood VALUES



**Patrick Cudahy**  
Boiled Ham

**299**  
lb.



FRESH BAKED  
**Rye or Italian**  
Bread

**99¢**  
16-OZ. LOAF



**Mild Flaky Jumbo**  
Cod Fillets

**399**  
lb.

BAKERY/DELI/SEAFOOD DEPARTMENTS NOT AVAILABLE AT ALL STORES

GARLIC OR MESQUITE  
**Emmer's**  
Roast Beef.....

**499**  
lb.

PEPPERED  
**Jennie-O**  
Turkey Breast.....

**499**  
lb.

**Kretschmar**  
Braunschweiger

**299**  
lb.

**Meyer's Soft**  
Bread Sticks.....

**199**  
15-OZ. PKG.

**German Chocolate**  
Danish.....

**249**  
PKG.

SINGLE LAYER  
**Black Forest**  
Cake.....

**399**  
6-INCH

JACK SALMON  
Whole Skinned  
Whiting.....

**119**  
lb.

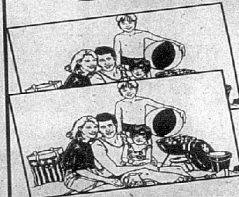
Cooked Tail-on  
Cocktail Shrimp.....

**599**  
lb.

KANAMI  
Crab Cakes or  
Stuffed Crab.....

**159**  
6-OZ. PKG.

## •Photo Processing• Summer Special!



DOUBLE  
PRINTS

**299**

24-EXP.  
3 1/2 INCH PRINTS

## ★Video Center★



New Releases

**99¢**  
EACH

Catalog Titles

**39¢**  
EACH

AT STORES WITH VIDEO CENTER ONLY





Two 12-Packs Coke  
or  
One 24-Pack Pepsi

**488**  
12-OZ. CANS



ORIGINAL OR HONEY NUT  
General Mills  
Cheerios

**2/379**  
14-15 OZ. PKG.



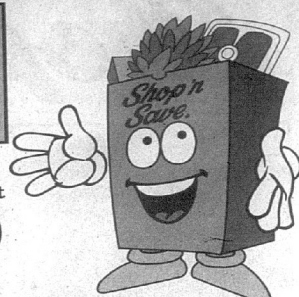
ASSORTED VARIETIES, PREMIUM  
Florida's Natural  
Orange Juice

**2/395**  
64-OZ. CTN.



ASSORTED VARIETIES  
LIQUID OR POWDER  
All Ultra  
Laundry Detergent

**399**  
83-128 OZ. PKG.



ASSORTED VARIETIES  
Dorito's  
Tortilla Chips

**2/495**  
14.5-OZ. BAG

QUAKER  
Noodle Roni or  
Rice A Roni

**4/295**  
4.3-7.2 OZ. PKG.

15-OZ. ALPHA BITS,  
14-OZ. MARSHMALLOW ALPHA  
BITS OR 20-OZ. RAISIN BRAN  
Post Cereal

**2/\$4**

REGULAR, LIGHT OR FREE  
Kraft  
Miracle Whip

**239**  
32-OZ. JAR

ORIGINAL OR ANTIBACTERIAL  
Sunlight Ultra  
Dishwashing Liquid

**2/\$3**  
28-OZ. BTL.

HAMBURGER OR HOT DOG  
Shop 'n Save  
Buns.....

**99¢**  
12-18¢

ASSORTED VARIETIES  
Frappuccino  
Flavored Coffee

**299**  
4-PACK

FUDGE STRIPS, GRASSHOPPERS  
DELUXE GRAHAM'S  
OR FUDGE STICKS  
Keebler Cookies

SELECTED VARIETIES  
Mrs. Allison's  
Cookies.....

**2/\$3**  
12-18¢

ASSORTED VARIETIES  
Cousin Willie's  
Popcorn.....

**99¢**  
12-18¢

SHOP 'N SAVE  
Wheat  
Sandwich Bread

**99¢**  
12-18¢

18-OZ. APPLE JACCS  
24.5-OZ. BITE SIZE  
MINI WHEATS OR  
35-OZ. FROSTED FLAKES  
Kellogg's Cereal

**2/598**

DIET SEVEN UP, SUNNY DELIGHT  
Seven Up or  
Dr. Pepper.....

**3/\$7**  
12-18¢



## LIQUOR DEPARTMENT

## HEALTH & BEAUTY



GENUINE DRAFT OR  
Miller Lite

**599**  
15/12-OZ. CANS



OUR LOW SALE PRICE \$6.97  
REGULAR, LIGHT OR ICE  
Milwaukee's Best

**497**  
24/12-OZ. CANS



REGULAR OR LIGHT  
Coors

**999**  
24/12-OZ. CANS



Style Shampoo or  
Conditioner

**3/129**  
13-17 OZ. PKG.



Crest  
Toothpaste

**179**  
8.4-OZ. PKG.

REGULAR, LIGHT  
OR DRY  
Michelob.....

**997**  
12-18¢

Red Dog or  
Ice House.....

**2/550**  
12-18¢

Miller  
High Life.....

**2/\$5**  
12-18¢

OUR LOW SALE PRICE \$6.97  
SELECTED VARIETIES  
Pabst.....

**397**  
24/12-OZ. CANS

AFTER \$3.00 OFF MAIL-IN REBATE AVAILABLE IN-STORE

SELECTED VARIETIES  
Riunite  
Wine.....

**2/\$7**  
12-18¢

SELECTED VARIETIES  
Leinenkugel...

**399**  
12-18¢

OUR LOW SALE PRICE \$6.99  
SELECTED VARIETIES  
Livingston Cellars

**489**  
12-18¢

AFTER \$3.00 OFF MAIL-IN REBATE AVAILABLE IN-STORE

Heineken.....

**977**  
12-18¢

REGULAR OR LIGHT  
Corona.....

**487**  
12-18¢

Zima.....

**477**  
12-18¢

Please Be  
Responsible.  
Don't Drink  
& Drive

ASSORTED VARIETIES  
Dekuyper  
Schnapps.....

**599**  
12-18¢

Gilbey's  
Gin.....

**1149**  
12-18¢

WHITE ZINFANDEL, GAMAY  
BEAULIARD OR  
SAUVIGNON BLANC  
Vendange.....

**499**  
12-18¢

Walker's  
Deluxe.....

**1277**  
12-18¢

OUR LOW SALE PRICE 2/\$5  
ASSORTED VARIETIES  
Bartles &  
Jaymes.....

**2/\$3**  
12-18¢

SILVER OR AMBER  
Bacardi  
Rum.....

**737**  
12-18¢

Opti Free  
Express.....

**549**  
12-18¢

2-CT. C OR D OR 1-CT. 9-VOLT  
Sony  
Batteries.....

**149**  
12-18¢

AA OR AAA  
Sony  
Batteries.....

**149**  
12-18¢

Crest Complete  
Toothbrushes.....

**129**  
12-18¢

Phisoderm.....

**2/\$5**  
12-18¢

SILK EFFECTS, TRACER OR  
PROTECTOR  
Schick  
Blades.....

**399**  
12-18¢

SHAMPOO OR CONDITIONER  
Clairol Daily  
Defense.....

**239**  
12-18¢

Theragran M  
Vitamins.....

**579**  
12-18¢

ASSORTED VARIETIES  
Freeman  
Bath.....

**2/\$3**  
12-18¢

Scope  
Mouthwash.....

**2/\$5**  
12-18¢



## WOL 92FM Listener Picnic & Concert

featuring

The 1998 Family Festival of Food  
at Frontier Park in St. Charles on August 7, 1998

- Samples of Manufacturer's Products
- Cooking Events • Family Activities
- Free Concerts • Food Preparation Ideas
- Meal Replacement Ideas & More!

Sponsored By:

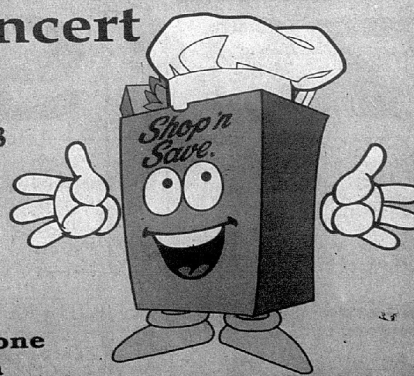
Shop 'n Save. And These Fine Products

Super Smoker  
Bar-B-Cue

Texas Style  
Baked Beans

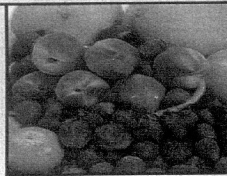
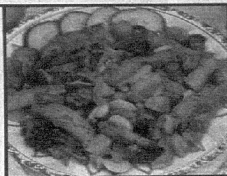
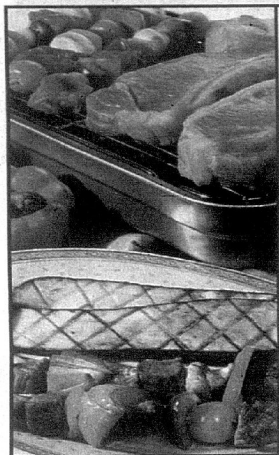
Brach's  
Pick-A-Mix

Tombstone  
Pizza





# Shop 'n Save®



**Lower  
Prices  
Plus The Finest  
Quality.  
That's  
Total Value!**



**FRESH MEATY  
Pork Spare Ribs**

**117**  
lb.

LIMIT 3 PACKAGES



USDA CHOICE CORN FED BEEF  
**Boneless  
Sirloin Steak**

**259**  
lb.

Jennie-O **89¢**  
Ground Turkey 1-LB. ROLL

Seitz **2/\$3**  
Corn Dogs..... 1-LB. PKG.

Jimmy Dean **199**  
Pork Sausage..... 1-LB. ROLL



SLICED FREE!

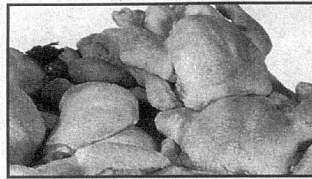
10-12 LB. AVG.  
**Whole Boneless  
Kretschmar Ham**

**149**  
lb.

CHOPPED HAM  
Oscar Mayer **2/\$4**  
Ham & Cheese 1-LB. PKG.

ASSORTED VARIETIES  
Banquet Meals **2/\$4**  
Made Easy..... 28-OZ. PKG.

Edmonds **139**  
Beef Chili..... 1-LB. ROLL



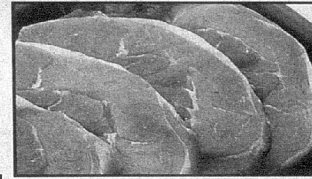
5-6 LB. AVG.  
**Fresh Stewing  
Chicken**

**59¢**  
lb.

ALL MEAT  
Seitz **79¢**  
Hot Dogs..... 12-OZ. PKG.

CHEESE, BEEF OR  
FAT FREE  
Oscar Mayer **2/\$5**  
Wieners..... 14-16 OZ. PKG.

REGULAR OR CHEESE  
R.B. Rice Sausage **99¢**  
& Biscuits 4-PACK



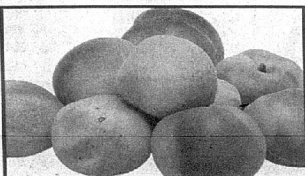
FAMILY PACK  
**Boneless Pork  
Sirloin Chops**

**199**  
lb.

SLICED  
Farmland **89¢**  
Bologna..... 12-OZ. PKG.

Family Pack **199**  
Pork Cutlets..... lb.

REGULAR OR ITALIAN  
Farmland **239**  
Bratwurst..... 1-LB. PKG.



**California Peaches  
or Nectarines**

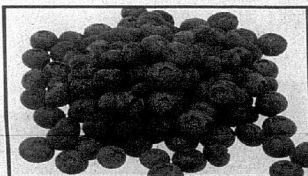
**78¢**  
lb.

NEW CROP  
Bartlett **78¢**  
Pears..... lb.

CALIFORNIA  
Red Ripe **128**  
Strawberries..... lb.

California **88¢**  
Apricots..... lb.

U.S. NO. 1  
Russet Baker **38¢**  
Potatoes..... lb.



**Michigan  
Blueberries**

**98¢**  
PINT

Michigan **3/98**  
Cucumbers.....

CALIFORNIA  
Fresh **78¢**  
Broccoli..... BUNCH



**Dole Classic  
Salad Blend**

**98¢**  
1-LB. PKG.

BUNCHES  
California **3/98**  
Green Onions

MICROWAVE  
Ozark **3/\$1**  
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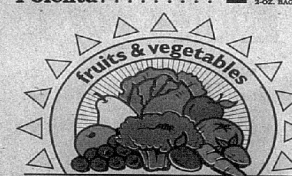
FRESH Chinese Noodles .. **148**

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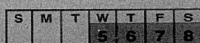
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# Sports

sports on-line, www.yourjournal.com

## BAC hosts summer girls volleyball league

By Scott Marion  
Staff writer

As head volleyball coach at Belleville Area College, Todd Gober keeps close watch on the prep volleyball scene. But during the summer, he doesn't even have to leave BAC's campus to watch some of the area's best players. Gober is organizer of the BAC Summer Volleyball League, which recently completed its 1998 season. The league was started by former

BAC coach Lisa Kowalski.

"This is my second summer being involved with it and it's really been successful," Gober said. "It gives the different high school programs a chance to work out as a team before the season starts."

"We have a six- to eight-week schedule and teams usually play once a week, although sometimes they might have two matches. This year, we have 15 teams in the 17-and-under league and 11 teams in the 15-and-under league."

Mater Dei has two teams in the 17-and-under league, which includes

Althoff, Collinsville, Salem, Triad, Central, Waterloo, Gibault, Freeburg, Belleville East, Highland, Metro East, Lutheran, Columbia and Nashville.

The 15-and-under league includes Freeburg, Collinsville, Salem, Columbia, Livingston, O'Fallon, Dupont and Lovejoy, plus three Clinton County teams featuring players from Central and Mater Dei.

"Our schedule varies from year to year, but this year we're playing on Tuesday and Thursday nights," Gober said. "It's a nice format — every team plays three games per night. We provide the referees, the

ball, the gym and all the other equipment. The kids can bring a coach or coach themselves. Some teams bring just six players; others bring 12 or 13 and use a lot of subs."

"The parents — especially from teams like Mater Dei and Central — fill the stands. We get great support and the kids are all really into it. The Germantown team (a combined Mater Dei/Central squad) won the 15-and-under championship and they got T-shirts for winning the league. They stayed 15 minutes after the match just laughing, having fun and signing each others' shirts."

Breese Central defeated Salem to win the 17-and-under championship. Belleville East was third, followed by Gibault and Althoff.

In addition to giving the players a jump start on the high school season, the league is a valuable recruiting tool for Gober.

"In last year's summer league, I recruited Kim Pittman from Metro East Lutheran," he said. "It was the first time I had seen her. This year I'm looking at a couple Salem kids."

See VOLLEYBALL, Page 3B

## They make the programs

### Gateway Publishing serves local schools

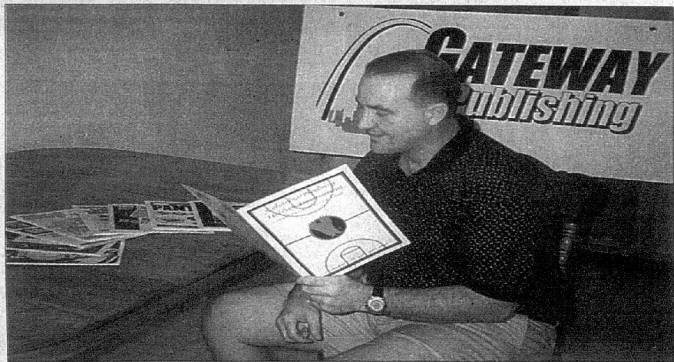
By Brian Bretsch  
Staff writer

Don Haida has always had a passion for high school athletics. If it was up to him, he would watch an endless number of high school basketball or football games. His role as assistant boys basketball coach at Althoff High School has filled some of his appetite for

the last eight years.

Last year, Haida found a niche that could combine his love for high school sports and his business degree from McKendree College.

Haida, along with his wife Patsy and brother Tom started Gateway Publishing, a company that specializes in



Gateway Publishing sales manager Don Haida looks over one of the programs his company prints for school athletic teams in southern Illinois. Scott Marion photo

See GATEWAY, Page 3B

## Haida combines business, sports with Gateway Publishing

By Scott Marion  
Staff writer

Don Haida has found the perfect way to combine his love for sports and his knack for business.

Haida — junior varsity boys basketball coach at Althoff High School — is sales manager for Gateway Publishing, which produces sports programs and media guides for dozens of local high schools and colleges.

"My wife (Patsy) and myself run the business," Haida said. "My brother Tom has a somewhat diminished role because he runs an appraisal company and he has to devote more of his time to that. Dennis Bechtold (assistant athletic director and former AD at Belleville East) helped us run it in the past, but he has more duties at East now."

"This is our second year as Gateway Publishing, but I've been in this

business for eight years. I worked for another printer, but we started Gateway on July 1, 1997."

Haida, who turned 40 last Saturday, is a Belleville native with a lifelong sports background.

"My brother Bob is state's attorney (for St. Clair County)," Haida said. "My brothers Tom and Neil work together in the appraisal business."

"Bob was honorable mention all-state in 1975 (as a basketball player) for Belleville East and got a scholarship to McKendree College. I always followed in his steps and admired what he did. Neil played for a regional sectional title game. But he got farther than any of us."

"I played on a team that included (current East coach) Doug McCrary and the Havermans (brothers Gary and Doug). That's where I got my love

for basketball. My brothers and I are all McKendree graduates, but Bob is the only one who played in college."

In addition to his coaching duties and his publishing business, Haida will teach business classes this year at Althoff. He takes over the position vacated by former head basketball coach Dave Deets, who coached the Crusaders for seven years before resigning to become principal at Whiteside School in Belleville.

"Right now, we produce 55 to 60 programs a year for the local high schools and some small colleges in southern Illinois and Missouri," said Haida, who is also co-organizer of three summer basketball tournaments, the Summer Slam, the Pepsi Class A Shootout and the Lady Slam. "We do all the work for the schools, including selling the advertising, typesetting and printing the finished product."

"One of the reasons for our success

is this is more than a business. I actually attend a lot of these events. It's important to be visible and be known, but I have a pretty good understanding of what's going on because I'm out there."

"I enjoy high school sports because it's athletics at a real genuine level. You're playing for yourself and for your team."

Gateway Publishing is located at 1815 Garden St. in Swansea at the former site of Doja Art Gallery.

"Tom has been here eight or 10 years," Haida said. "This used to be an apartment, but we turned it into an office."

"I do networking just like any other job, but I'm fortunate to be able to do my networking in high school sports. We call on the high school athletic

See HAIDA, Page 3B

## Quiz time

### Fundamental flaws committed by pros or amateurs

One of the joys of watching the recent World Youth Baseball Championships in Fairview Heights is that the game of baseball — when it comes to fundamentals — is the same on all levels.

Whether an amateur on the age level of 15 and 16 playing in the World Games or a professional playing on the major league level, the execution of fundamentals is imperative.

For someone taking the time to observe the high school aged players and the Cardinals during the same week, I found myself wondering if readers could determine the level I referred to while noting fundamental flaws.

Thus, with the school year approaching, here's a test you can take with the answers being either (a) for amateur or (p) for pro...

1. With runners on second and third, the batter hits a solid single to right center field, allowing the first runner to score easily but the second runner will have to hustle to make it home. As the throw comes home from the second baseman (cutoff man), there will be a close play at the plate, but no on-deck batter is to be found to tell the runner whether to slide or stand up on the play at the plate.

2. Prior to the previous play, after each pitch, when the catcher returns the ball to the pitcher, neither the second baseman or shortstop moves from their position to backup the pitcher just in case he muffs the catcher's throw or in case of an errant throw from the catcher that would allow a run to score.

3. With two outs and a runner at first base, the batter lifts a high fly ball to



Art Voellinger Sports Views

See QUIZ, Page 3B

## Tri City junior team makes impressive playoff run

By Rick Broome  
Staff writer

Tri City's American Legion junior team went 15-13 in the regular season, finishing third in the North Division.

**JUNIOR LEGION BASEBALL**

They made a strong run in the playoffs before losing 15-5 to Edwardsville.

"The crazy thing is that we led that game 5-0," Tri City coach Jerry

McKeehan said. "Things fell apart in the bottom of the fourth inning, when they scored 10 runs. Up to that point, we had a great chance to win the game."

Tri City finished the playoffs in second place in the Northern Division.

"Toward the end of the season, it started to get really hot, and we ran out of pitching," McKeehan said. "The heat just sapped their energy."

"I was really proud of the way they took on the postseason. Alton beat us

twice in the regular season, but we turned around and beat them twice in the playoffs, and that was great. We would have eliminated them, but they got to advance because they were the host team."

Three Tri City players made the Junior Legion All-Star team: Scott Scharden, a pitcher and outfielder who batted .416; Jason Newman, a pitcher and catcher who batted .398; and Devin Mayes, who pitched and played short.

With Scharden, Newman, Mayes, and southpaw John Lusciec, Tri City's staff was deep and talented. One of the year's happy discoveries was freshman David Catani.

"Devin is a really good fielder who about .402," said McKeehan. "Scott was our best pitcher, and Jason has a very strong arm. They all deserved to make the all-star team."

With Scharden, Newman, Mayes, and southpaw John Lusciec, Tri City's staff was deep and talented. One of the year's happy discoveries was freshman David Catani.

With Scharden, Newman, Mayes, and southpaw John Lusciec, Tri City's staff was deep and talented. One of the year's happy discoveries was freshman David Catani.

See TRI CITY, Page 3B

# LONG BALL...ON SALE NOW

**Raging Rivers Night**  
Monday, August 10 vs. New York, 7:10

All fans 11 and under\* will receive a coupon good for FREE admission to Raging Rivers Water Park in Grafton, Illinois. Valid through September 7, 1998

**St. Louis Children's Hospital "Smoochy the Frog" Beanie Babie Night**  
Friday, August 14 vs. Pittsburgh, 7:10

The first 20,000 fans age 15 and under\* will receive the genuine Ty 1998 release Beanie Babie "Smoochy the Frog"

**Camera Night**  
Saturday, August 15 vs. Pittsburgh, 7:10

Fans with a camera will get a chance prior to the game (5-6p.m.) to snap pictures of their favorite Cardinals players, coaches and Fredbird.

**Powerade/Target T-Shirt Day**  
Sunday, August 16 vs. Pittsburgh, 1:10

All fans age 15 and under\* will receive a T-shirt designed like the jersey of the Cardinals Mark McGwire with his name and number on the back, compliments of Target and Powerade, the Official Sports Drink of the Cardinals.

## Order Tickets Today 421-3060

\*with paid admission



# Sports

## Celebrity Challenge for Children part of Boone Valley Classic

Senior PGA Tour stops in St. Charles County Sept. 21-27

A Celebrity Challenge for Children has been added Sept. 22 to the week-long activities at the Senior PGA Tour's Boone Valley Classic.

### GOLF

The Celebrity Challenge for Children will feature two two-man teams in a friendly competition for the benefit of St. Louis Children's Hospital.

Hometown favorites Dan Dierdorf and defending Boone Valley Classic champion Hale Irwin will team up to take on professional golfer and television commentator Gary McCord and former Kansas City Royals baseball great George Brett. ESPN's on-air personality Jim Kelly will serve as master of ceremonies.

Pledges may be made for every birdie made by both teams during the nine-hole Challenge.

"Individuals may support the hospital by making a pledge for every birdie that our celebrity teams make, even if they are unable to attend the Celebrity Challenge for Children," said Tim Meyer, executive director of tournament operations.

Pledges are tax deductible, and pledge

cards are available by calling St. Louis Children's Hospital at (314) 454-2255.

The Celebrity Challenge for Children will be more than a spectator event. Fans in attendance Sept. 22 will have an opportunity to help the pros/celebrities make birdie puts and more dollars for charity.

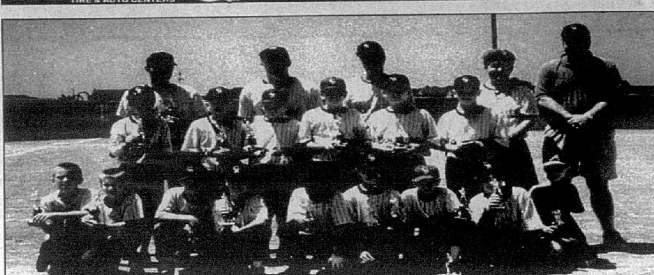
If a team does not make a birdie on any given hole, an individual from the gallery will be selected to be the "mulligan" and take the putt. If he or she makes the putt, the birdie counts toward the team score and final number of birdies made.

For a \$10 donation, spectators will receive a sleeve of golf balls, and their names will be included in the drawing for "mulligan" participants during the Challenge. All funds from the Sept. 22 event will be donated by the Boone Valley Classic Foundation to St. Louis Children's Hospital.

"We are excited to add this fun and entertaining day of golf to our schedule of events for the week," Meyer said. "I believe this will be something golf fans will look forward to year after year."

The Boone Valley Classic is Sept. 21-27 at Boone Valley Golf Club in St. Charles County.

## DOBB'S Cardinals Team of the Week



### State champs

The Gateway Rockies won the AABC 10-and-under state baseball tournament, July 15-19 in Springfield. The Rockies went 5-1 in the tournament as pitcher Chris Johnson of Collinsville won all three of his starts, including the championship game. The Rockies were 13-0 in league play this year and also won a tournament in Bethalto in May. Pictured above are (from left to right): In front — batboys Chris Hursey and Brandon Gass, Landon Zirkelbach, Steve Stosberg, Tim Fox, Tyler Harris, Jordan Colvin, Brian Clark, bat boy Lucas Johnson; Middle — Justin Lamar, Tyler Lauderdale, Tom Ashton, Drew Hursey, Brian Gass, Chris Johnson; In back — coach Perry Fox, head coach Tracy Lauderdale, coach Tom Ashton, coach Steve Stosberg and team sponsor Tim Bosma.

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80 Series 13" Sizes	4 For \$159
P165/80R13	
P175/80R13	
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75 Series 13" Sizes	4 For \$179
P185/75R13	
P195/75R13	
P205/75R13	
\$44.75 ea. - 2 For \$89.50	
75 Series 14" Sizes	4 For \$199
P205/75R14	
P215/75R14	
P235/75R14	
\$49.75 ea. - 2 For \$99.50	
70 Series 14" Sizes	4 For \$219
P185/70R14	
P195/70R14	
P205/70R14	
P215/70R14	
\$54.75 ea. - 2 For \$109.50	
70 Series 15" Sizes	4 For \$229
P215/70R15	
P235/70R15	
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P195/70R14	BLK	66
P195/70R14	BLK	69
P195/75R14	WW	72
P205/75R15	WW	79
P205/70R15	BLK	76
P215/75R15	WW	83
P215/70R15	WW	82
P235/75R15	WW	85
P235/75R15	BLK	71
P215/65R15	BLK	78
P215/60R16	BLK	84

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P205/75R14	WW	\$75
P205/75R14	OWL	78
P215/75R14	OWL	81
P205/75R15	BLK	79
P205/75R15	OWL	84
P235/75R15	OWL	84
P235/75R15	BLK	79
P235/75R15	OWL	89
P205/65R15	BLK	77
P215/65R16	BLK	84

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P205/70R15	WW	95
P215/70R15	WW	99
P195/65R15	RRBL	99
P205/65R15	RRBL	95
P215/65R15	RRBL	99
P215/65R16	RRBL	119

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P205/75R15	XCH4	BLK	\$69
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P225/70R14	WILDERNESS H/T	OWL	77
F155 FORD RANGER / Mazda pickup			
P185/65R14	FR680-02	BLK	59
F155 GEO, COROLLA			
P205/70R14	FR680	BLK	68
F155 FORD WINDSTAR			
P215/70R15	FR680-02	BLK	75
F155 FORD T-BIRD, COUGAR, BUICK CENTURY			
P215/60R15	AFFINITY T-2	BLK	74
F155 OLDSMOBILE CUTLASS, CHEVROLET MAZDA			
P245/60R16	FR680-02	BLK	109
F155 CHEVROLET CAMARO			
P235/75R15	ATX II WILDERNESS AT	OWL	84
F155 FORD EXPLORER			
P235/70R16	WILDERNESS H/T	BLK	79
P235/70R16	WILDERNESS H/T	OWL	84
F155 FORD F-150			

### GENERAL

P175/70R13	AMERI-G45	BLK	\$49
F155 NISSAN SENTRA			
P185/70R14	AMERI-G45	BLK	58
F155 FORD CONTOUR / MYSTIQUE			
P195/65R15	XP2000 GT	BLK	59
F155 PONTIAC GRAND AM, GRAND PRIX			
P205/65R15	AMERI-G45	BLK	69
F155 FORD TAURUS			
P215/70R15	XP2000-GT GEN SEAL	BLK	79
F155 PONTIAC MONTANA, AERBURN			
P235/70R16	AMERI-550 A/S	BLK	82
F155 FORD F-150			

### DUNLOP

P195/70R14	SP40	BLK	\$54
F155 TOYOTA CAMRY			
P175/65R14	SP20	BLK	58
F155 NISSAN SENTRA			
P205/65R15	SP4000	BLK	79
F155 TOYOTA CAMRY/VALLEY			
P225/75R15	GRAND TREK TQ30	BLK	72
F155 TOYOTA TACOMA, 4x4, 4 RUNNER			
P235/75R15	GRAND TREK TQ27	BLK	83
F155 TOYOTA T100 4x2 PICK-UP			
P215/70R16	GRAND TREK	BLK	69
F155 TOYOTA RAV 4			
P235/65R16	GRAND TREK	BLK	109
F155 MERCEDES ML 320			

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P235/75R15/4	68
P235/75R15 XL	71
LT235/75R15/6	75
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31x10.50R15/6	96
LT215/85R16/8	96
LT235/85R16/10	99
LT265/75R16/6	102

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- Quiet, smooth passenger tire ride
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- Perfect for sport utility vehicles
- Free Road Hazard Policy

P235/75R15	Price
P265/75R15	\$84
LT225/75R16	99
LT265/75R16	108
LT215/85R16	117
LT235/85R16	110
30x9.50R15/6	104
31x10.50R15/6	110

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BLACKWALL	
P185/60HR14	*73
P195/60HR14	76
P195/60HR15	76
P205/60HR15	78
P215/60HR15	85
P225/60VR16	95
P205/55VR16	95

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# Gateway Publishing produces programs for local schools

Continued from Page 1B

producing local high school and college sports programs. Gateway Publishing has definitely found a niche in the market. Currently, the company is 13 months old and is already producing 50 to 60 programs. What makes the whole process work is Haida's knowledge of the local sports scene and the printing business. He worked for a printing company until Gateway Publishing was started. Having as many contacts as Haida had was definitely a plus, but he still had to offer a product that the schools would like. He offers the programs free of charge so the company makes all of its money through advertising, which is a tough sell.

"Let's face it: As much as a business will have loyalty to a school, the game is not going to be attended like a (St. Louis) Rams game," Haida said. "We have to market very intelligently. We don't charge a lot for our ads. We try to put out a reasonable product. We can't put out a glossy, hard-covered book. We offer reasonable prices and personal service. We will go out and pick up the ad copy. We will come out and see you if we need to. It's the personal service of

"You take the soccer sectional.... Before the sectional happens, we will solicit the top four seeds and say, 'Hey, we need you're stuff,' but if a team gets upset along the way we call the (other) team."

**Don Haida**  
Gateway Publishing  
sales manager

being local and that is why our strength is local."

Gateway Publishing had a busy month of July. In addition to celebrating its 1-year anniversary, it has been preparing for the fall sports season. While most people were cooling off in the pool or working on a tan this summer, Gateway Publishing was hard at work preparing programs.

"We have already sold all of the fall stuff," Haida said. "We need to work a half season ahead. If you work too far out, it is hard for the advertiser to look four months ahead, even for a \$25 ad. We

work two to three months ahead to stay on top of it. That keeps it fun. We are always working on new things.

While preparing programs for the fall, winter and spring seasons, Haida said the crunch time for the business is preparing for the post-season tournaments. Deadlines as to when a program has to be ready are as short as 18 hours.

"With special events, you are under the gun. It is kind of exciting because you live the event," Haida said. "We'll work Saturdays. Our typesetters work on Sundays for those events. We know it ahead of time so it is all planned."

"You take the soccer sectional.... We already know we will be working Sunday, Oct. 12. It is just planning. You are under the gun and you learn from making a lot of mistakes."

"The planning is the real challenge and that where the cooperation of the ADs is so important. What we do too is solicit the whole sectional ahead of time. Before the sectional happens we will solicit the top four seeds and say hey we need you're stuff but if a team gets upset along the way we call the (other) team."

For information on Gateway Publishing, call 239-6622.

## Haida mixes business and sports for Gateway

Continued from Page 1B

directors to provide this service, but we're starting to work more with booster clubs.

"We give these products free to the high schools. It's a gamble that we're able to make a nice enough product and sell enough advertising to make a profit, but that's the challenge. Being in business is very invigorating."

Through his coaching and printing company jobs, Haida got to know many of the coaches and athletic directors in southern Illinois.

"I started coaching at Althoff right after they won the state (Class 3A)

"The product we're touting is high school athletics."

**Don Haida**  
Gateway Publishing  
sales manager

football championship in the 1990-91 school year," he said. "They also won the state (Class A) baseball championship that year, so basketball was in the middle."

"I was a volunteer assistant under (former head coach) Brad Harriman,

who very gracious to give me the opportunity. I learned an awful lot from him. I've been at Althoff ever since, including the last two years as JV coach. I'm really excited about working with (new head coach) Greg Leib. He's an outstanding guy and a great coach."

With Haida's background, forming a company like Gateway Publishing was a logical step.

"We started off pretty slow and learned a lot about the business," said Haida, whose company also produces calendars, posters, student handbooks, brochures and newsletters. "Now we have 90-plus schools and a lot of repeat customers. The product we're touting is high school athletics."

## Quiz on baseball fundamentals errors

Who made the miscues: professionals or amateurs?

Continued from Page 1B

right field that should be easily caught. As the ball descends, though, the runner at first trots toward second base while observing the right fielder and ignores hustling to third base where he could advance if the ball were dropped.

4. Regardless if from the windup or stretch position, whenever the pitcher's index finger points straight out of his glove, it indicates that he will throw a curveball. When he curls the index finger into the glove's leather, it will be a fastball.

5. On a suicide bunt attempt, the third baseman runs side-by-side with the runner coming toward home plate, but the batter misses the ball. However, the catcher after catching the ball, throws it over third base where no one is covering the bag, allowing the runner to score.

6. On a high pop-up that starts in fair territory between first base and home plate, the pitcher loudly calls for the ball. The first baseman approaches the area as does the catcher, who while standing in fair territory, calls off the pitcher and drops the ball that would have been an easier catch for the pitcher.

7. With a runner on third base, the third base coach informs the runner that the squeeze bunt is on. Yet, when the coach gives the signal to the batter, the hit-and-run sign is given. Fortunately, the batter fouls the ball off as the

runner comes to a skidding halt and returns to third base.

8. With two outs, a tie score and runners at first and second and a speedy player in the batter's box, the ball is hit to the third base side of the shortstop, who backhands the ball, drops it but then throws to first in a futile attempt to get the batter-runner. Yet, had the shortstop faked throwing to first and threw to third base, he would have easily caught the runner who not only broke from second on the play but had his head down as he rounded the bag for home. Throwing behind that runner would have eliminated the subsequent errant throw home by the first baseman who was credited with contributing to a two-run loss.

9. In an extra-inning game, with nearly all of the relief pitchers having been used, one manager in an attempt at deception has the bullpen catcher, a non-roster player, warm up as if he were a pitcher.

10. On return throws to his pitcher and with a runner or runners on base, the catcher persists in tossing the ball in a lazy, high arc to the pitcher who sometimes has to step toward home plate to be able to catch the ball on the fly.

If your answers were (a) for 1 through 5 and (p) for 6 through 9, give yourself an "A." The amateur flaws were evident in a youth game between St. Louis and Korea. What also could be termed "amateur" relates to Cardinals action during their July swoon.

## Tri City closed with strong run

Continued from Page 1B

"I would have liked to pitch David more than I did," says McKechan. "But with our schedule I wasn't able to. We had five good pitchers, and it seemed like when we got to the fifth we would be rained out or something else would happen."

"David's going to continue to improve." Tri City used a platoon of Matt Pistorius (.397) and Brett Solberger (.311) at first.

"Matt's very good defensively, very quick," said McKechan. "He was quick enough to beat out a lot of ground balls. Brett's defense is really solid, too. We're looking for a lot from him next year." Aaron Hobeck, who hit .310, patrolled third with Josh Wright. Craig Edwards and Josh Smallie worked as second, and Jeff Schlett took

care of short. "Jeff batted lead-off all year and hit .375," said McKechan. "He's a valuable all-around player."

Shawn O'Dell, who played third, center, and caught, was McKechan's super-sub off the bench, providing the coach with plenty of different lineup options.

"Shawn worked extremely hard, and when we asked him to do so," said McKechan. "He's a very hard thrower, very versatile."

Phillip Sheppard, Patrick McKechan and Jamie Gavinsky also contributed to the strong team effort.

"We played every game, close and had a lot of fun," said McKechan. "They learned more of the fundamentals of baseball, and represented their community very well."

"I'm proud of them. Each and every one of them plays extremely hard."

## Hipp gets a big lift out of national championship

By Brian Bretsch  
Staff writer

With role models like Dennis Barnett and Josh Busch setting examples in the Triad High weight room,

it was only natural for Knights football player John Hipp to follow in their footsteps.

However, July 18-19, Hipp differentiated himself from his former peers at Radisson Hotel in Chicago.

Hipp, who was representing the Tri City

YMCA powerlifting team from Granite City, took first place in the 18-19-year-old superheavyweight division at the YMCA Power Lifting Teenage Junior National Championships.

More than 120 lifters from around the country participated in the competition.

Hipp squatted 534 pounds, bench-pressed 292, and dead-lifted 551.

"We like to say that John 'squats from the hip,'" said Rick Fowler, a computer operator who volunteers his time to coach the lifters.

"He's really impressive."

Hipp's dead lift was the best and most impressive of all of his lifts.

"(The weights) are set on the ground and you pull it up to your waist," Hipp said. "It is a combination of leg and back strength."

To showcase his strength to friends, Hipp has an interesting hobby.

"I've lifted the back ends

"I want to be a successful football player and power lifter, whichever takes me where I'm going."

**John Hipp**  
Triad student

of cars before," Hipp said. Power lifting has quickly become more than a hobby for Hipp. He uses his time in the weight room to prepare for the upcoming football season, during which he will most likely be a starting offensive tackle for the Knights this fall.

"I want to be a successful football player and power lifter, whichever takes me where I'm going," said the 6-foot, 235-pound Hipp.

Dennis Barnett and Josh Busch set excellent examples."

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## Sports

# Registrations taking place for Granite City Park leagues

Registration is underway for the Granite City Park men's, women's and coed softball leagues.

## SPORTS BRIEFS

Deadline for registration is Aug. 21. League play begins Sept. 2 and last for seven weeks. Men and women play Tuesday and Thursday evenings; coed teams play Wednesday evenings and Saturday afternoons.

The cost is \$250.

For information, contact Ray Hoffman at the Wilson Park Office, 877-3059.

## Flag football

The Granite City Park District has begun registration for the 1998 flag football

season. Registration continues Aug. 8 at the Flag Football Complex and Aug. 10 at the Wilson Park Office. Bring child to registration for fitting for helmet and pads to be provided by the Park District. Registration times are 9-10:30 a.m. for grades 3-4; 11 a.m.-12:30 p.m. for grades 5-6. Cost of program is \$27 for residents; \$38 for non-residents. Play begins Sept. 12. For information, call the Wilson Park Office at 877-3059.

## Tennis tourney

The Granite City Park District will host an Invitational Tennis Tournament, sanctioned by the U.S. Tennis Association, Aug.

14-16 at the Wilson Park Tennis Courts. Registration begins Aug. 3 at the Wilson Park office. Players may enter three events with entry fees of \$10 per player per singles event and \$10 per doubles team per doubles event. Trophies will be awarded to the winner and runner-up in each event. Entry deadline is 5 p.m. Aug. 12.

## Soccer camp

The Christian Soccer Camp, sponsored by Madison County Baptist Association, is Aug. 10-14 at the Association grounds in Mitchell (620 Engineer Road). Sessions are 9 a.m.-12 noon each day. Registration fee is \$10. For information, call 931-6222.

## Golf tourney

The Tri-City Area YMCA 16th annual Golf Classic will be Saturday, Aug. 15 at the Legacy Golf Course in Granite City. Tee times begin at 10 a.m.

The cost for the four-person flighted scramble is \$80 per person and includes 18 holes of golf with a cart, refreshments and a steak dinner after the tournament. All proceeds support YMCA youth programs. For more information, call 876-7200.

## MVCHA officers

The Mississippi Valley Club Hockey Association, the governing body for high school

club hockey teams in the Metro East, has announced new officers for the 1998-99 season. On July 22, the MVCHA board of directors elected the following officers:

- President: Joe Lebryk (Swansea)
- First vice president: Steve Hemmer (Fairview Heights)
- Second vice president: Garig Butenbach (O'Fallon)
- Secretary: Debbie Vandevord (Bethalto)
- Acting treasurer: Phil Stack (Edwardsville). Stack

will continue in this capacity until a new treasurer can be found.

The MVCHA has grown to include 20 high school club teams for the 1998-99 season. They are: Alton, Bethalto, Granite City, Edwardsville, Marquette, Roxana, Alhaff, Belleville East, Belleville West, Cahokia, Collinsville, O'Fallon, Freeburg, Mascoutah, Triad, Waterloo, Highland, Jerseyville, Southwestern and Wood River.

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# Schrader to race at Tri-City Speedway; Gateway hosts muscle cars, motorcycles

The Late Models will make their only appearance at Tri-City Speedway tonight

## AUTO RACING

when the NASCAR/Busch All-Star Series competes in the eighth annual Hicks Oil/Quaker State Classic 50.

The Midwest's best dirt Late Model drivers will get a chance to compete against one of the nation's most popular Winston Cup drivers, Ken Schrader. The St. Louis native will be trying to win his third Busch All-Star Series race at the Tri-City half-mile.

The race marks a homecoming for Schrader, who raced his Late Model around the Granite City oval every night beginning in 1975.

He has bettered the All-Star Series pros in 1990 and '91. Also in the field will be past winners Steve Kosiski (1995 and '97), Joe Kosiski (1993 and '94) and Steve Boley (1996).

The field will also include Ray Guss Jr., Gary Webb, Jay Johnson, Ed Kosiski and local favorite Ed Dixon.

Terry McClintock and Pat Ryan will continue their battle for the Budweiser Pro Stocks championship.

Gates open at 6 p.m. with time trials at 7 p.m. and racing at 8 p.m.

Reserved seating is \$20 and available by calling 314-469-9666.

General admission tickets are \$18 and students 15-and-under are \$5.

## Gateway events

On Aug. 8-9, the lid gets blown off as the 200-mph Comp Cams Pro Street machines of the National Muscle Car Association return as part of the Hot Rod Magazine Power Festival.

NMCA and Hot Rod have joined forces this year, and there will be one champion crowned in the Pro Street category. Last year, Pat Musi of Cateret, N.J., won his first NMCA title while long-time power Tony Christian of Sarasota, Fla., took the title in the Hot Rod points race.

More than \$150,000 in cash and contingency prizes will be on the line for the best Street and Nostalgia cars in the land competing in eight different categories, plus a full program of Pro and Super Pro bracket racing.

There will also be a Show-N-Shine competition, Swap Meet, Manufacturer's Midway, and People's Choice Awards given out during the show.

Gates open at 8 a.m. each day. Spectator admission is \$15 for adults, and \$5 for children 12-and-under.

The hot August action will finish with a two-wheeled bang on Aug. 29-30, as the International Drag Bike Association conducts its first All-Motorcycle Weekend Event at Gateway.

More than 300 bikes, ranging from Street E.T. to the 190-mph Funny Bikes and Pro Mods, will take their first crack at the Gateway strip, with such stars as Jon

Minno, Billy Vose and Keith Lynn.

The weekend will also feature a Ride & Bike Show/CMA Bike Fest, a Wheelie Contest and a Performance Midway.

Gates open each day if the IDBA weekend at 8 a.m. with racing at 10 and eliminations starting Sunday at 1 p.m.

Spectator admission is \$20 per day, \$35 for a two-day pass. Children ages 6-12 get in for just \$5.

Further more information on the racing action at Gateway, call 482-2400.

## Gateway results

Dennis Ramsey was the story at Gateway International Raceway this past weekend in the third annual Vortec Engineering Gateway Rumble.

Ramsey eclipsed Doug Mangrum's previous top-speed record of 7.99 seconds during qualifying on Saturday, topping the Super Stallion Class with a 7.89.

On Sunday, Ramsey took his assault one step further, taking his '97 Mustang through the quarter mile in 7.89 seconds.

Ramsey, a Tampa (Fla.) native, went on to defeat lefty Gateway Rumble champion Les Baer in the final. Ramsey ripped off a 7.86 at 176 miles per hour while Baer came in at 8.18 and 169 mph.

The Rumble Class was taken by Ken Moss of Lockport. Mark Payne of Steelville.

Mo., won the Open competition. In the Pro ET Class, won by Evan Nothdruff of O'Fallon.

Granite City's Jason Phillips was a semifinalist in his '94 Mustang.

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Entries must be received by NOON Monday, August 10, 1998. Five pairs of tickets will be awarded each week.

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1. Which superstar did NOT qualify for the Semifinals of the 1998 King of the Ring tournament?  
A. \_\_\_\_\_
2. Who was the special guest referee for the Federation Championship match between Austin and Dude Love at Over the Edge?  
A. \_\_\_\_\_
3. Who attacked Kane during the Inferno Match at Unforgotten?  
A. \_\_\_\_\_
4. At Unforgotten, who was suspended above the ring in a cage during the Triple H/Owen Hart match?  
A. \_\_\_\_\_

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## Community calendar

**Editor's note:** The community calendar contains items for July 1-7 only. Weekly events run during the first and third weeks of the month only.

### Church

**GENERATION YOUTH GROUP** led by youth minister, meets 5-8 p.m. every Sunday at Nameoki United Methodist Church, 1900 Pontoon Road.

**JESUS EVERY THURSDAY (JETS)**, led by the music director, is for kids 3 to 11 years old. It meets from 7-8:15 p.m. Thursdays for music, Bible study and fun at Niedringhaus United Methodist Church, 20th and Delmar. Mom's Bible study and share group meets at the same time as children. For more information, call 877-4555.

**TEMPLE BAPTIST CHURCH** Adventure Club, an after school activity for grades 4-6, meets 3:30-5 p.m. Tuesdays at the church, 1900 Harris St. For more information, call 452-0273.

### Community

**MITCHELL FIRE PROTECTION DISTRICT** 2 regular monthly board meeting is 7 p.m. the second Tuesday of each month at 5123 Maryville Road, 931-0443.

**MADISON COMMUNITY ACTION GROUP** meets at 7 p.m. every

Wednesday. For more information, call Dan at 452-2336 or Diane at 878-1300.

**MADISON COUNTY GENEALOGICAL SOCIETY** meets 7 p.m. the second Thursday of each month in Hayes United Church, 600 N. Main, Edwardsville.

**EDWARDSVILLE KENNEL CLUB** meets at 7:30 p.m. the second Thursday of each month in Hayes Mallory Community Building, 216 Crane St., Edwardsville. The meeting is open to public.

**EAGLES AUXILIARY 1125 BINGO** is at 1 p.m. every Sunday in the Nameoki Bingo Center. Also included will be a color raffle, 50/50 drawing, free games and other raffish.

### Food-Nutrition

**MEALS OF LOVE**, sponsored by Madison County Baptist Association. Free meals to anyone in need, 4:30-6 p.m., every Tuesday, at Second Baptist Church, 21st and Illinois streets, Granite City. Everyone is welcome.

**POLISH PIEROGI SALE**, is held 9 a.m. to noon first Saturday of each month in Sacred Heart Polish National Catholic Church, 930 Reynolds. Madison. Seven varieties: cabbage, cheese, kraut, potato, sausage and kraut, plum, pudding and nut. Carry-outs only, 5¢ per dozen. Cooked and ready to heat and eat. Also Chruschki and rosettes. Order

ahead by calling 876-5860, 876-3696, or 931-3307.

**RESCUE MISSION** food pantry is open from 9 a.m. to noon every Saturday, 1530 Fourth St. in Madison. Samuel Turner is the chairman. Valonda Turner is the secretary, and Alfred Turner is the pastor.

**ST. JOHN LUTHERAN CHURCH MONTHLY COUNTRY BREAKFAST** is 8:11 a.m. the second Saturday of each month at 2001 St. Clair Ave. Eggs, sausage, pancakes, biscuits, homemade gravy, and jellies, coffee and orange juice are offered. Meals are \$4 for adults, \$2 for children. Call 451-7788 for more information.

### Health-Exercise

**Bemis Chiropractic** offers FREE ELECTRONIC SPINAL SCREENINGS from 9 a.m. to noon every Tuesday and Thursday at 3361 Fehling Road in Granite City. Call 876-2273 for more information.

**TOPS 2363** meets 6:30 p.m. every Thursday in Anchorage Recreation Center, 2909 Edwards St. For more information, call Bobbie at 452-0273.

**FREE SENIOR CITIZEN EXERCISE CLASS** is held 9 a.m. every Thursday in Anchorage Recreation Center, 2909 Edwards St.

**TOPS 2048** meets at 6 p.m. every Monday at Melvin Price Support Center in Granite City. Call

876-2124.

**TOPS II 645** meets at 7 p.m. every Monday in the Anchorage Recreation Center, 2909 Edwards St., Granite City, 452-0102. Men and women welcome.

**TOPS 1699** will meet at 6:45 p.m. every Tuesday in the Anchorage Recreation Center, 2909 Edwards St., call 797-7274 for more information. Men and women are welcome to attend.

**TOPS II 2417** meets at 6 p.m. every Tuesday in Calvary Lighthouse Church of God, 1205 W. Pontoon. Weigh-in at 5:30 p.m. Anyone age 7 or above with a weight problem is welcome. For more information, call Ann at 452-6102.

**ST. ELIZABETH MEDICAL CENTER'S BEHAVIORAL HEALTH SYSTEM** is presenting a talk entitled, "It's All in Your Perspective," at 7:30 p.m. Aug. 11, Tammy Bowles, LCPC, of the Behavioral Health System, will give the talk in the Wisconsin Room at SEMC. The talk is free and open to the public. For more information or to register, call 798-8888.

**MADISON COUNTY URBAN LEAGUE HEALTH CARE SERVICES** offers the following each week at 500 Madison Ave. in Madison: Walk-in pregnancy testing and prescription refills, 10 a.m. to 3 p.m. Mondays; Family planning services, 9 a.m. to 4 p.m. Tuesdays; STD screening and treatment, 9 a.m. to 4:30 p.m. Wednesdays; and family planning services, 9 a.m. to 4:30 p.m. Call 452-5394 for more information.

### Organizations

**AMERICAN ASSOCIATION OF RETIRED PERSONS CHAPTER 1340** meets at Granite City Township Hall second Wednesday of each month. Doors open at 5 p.m., refreshments served at 6 p.m. All seniors 50 and over are welcome. For information call 877-3020.

**MEN'S FELLOWSHIP GROUP** of Central Christian Church meets at 8:30 a.m. the second Wednesday of each month for breakfast and fellowship. For more information and/or location of meetings, call 931-2088.

**NAVY MOTHERS CLUBS OF AMERICA** meet at 7:30 p.m. the second Thursday of each month at the Veterans of Foreign Wars Post in Granite City. Mothers, fathers, daughters, wives or sisters of former and present Navy Marines, Coast Guard or Sea Bees are encouraged to join. For further information, call 931-2282 or 876-2209.

**NATIONAL ASSOCIATION RETIRED FEDERAL EMPLOYEES** meets at 11:30 a.m. the second Tuesday of each month, starting in September, at Charlie's restaurant. Lunch starts at 11:30, meeting afterwards. For information or reservations, call 452-3266.

**THE JOLLY QUILTERS** meets from 9 a.m. to 2 p.m. every Thursday at the Sodacenter, 606 Thorngate Drive in Mitchell.

**GRANITE CITY COMMUNITY BAND** rehearsals are 7:30-9 p.m. every

Thursday. St. John United Church of Christ, 2901 Nameoki Road, Granite City, 931-0443.

**GRANITE CHAPTER 650 ORDER OF THE EASTERN STAR** meets at 7:30 p.m. the second Friday of each month in the Masonic Temple, 20th Street and Cleveland Boulevard in Granite City.

**DOWNTOWN NEIGHBORHOOD RESTORATION SOCIETY** meets at 8 p.m. second Friday of each month in Granite City, 876-7715.

**BAND PARENTS ASSOCIATION OF GRANITE CITY HIGH SCHOOL** meets at 7 p.m. second Tuesday of each month at 3101 Madison Ave., 451-5809.

**BENEVOLENT AND PROTECTIVE ORDER OF ELKS**, Granite City Lodge 1063, meets at 8 p.m. the second Tuesday of each month at the lodge on Maryville Road, Granite City, 931-3557.

**KNIGHTS OF COLUMBUS, 3RD DEGREE** meets at 7:30 p.m. the second Tuesday of each month, 4225 Old Alton Road, 877-4250.

**KNIGHTS OF COLUMBUS, 4TH DEGREE**, meets at 7:30 p.m. the third Tuesday of each month, 4225 Old Alton Road, 877-4250.

**GRANITE CITY KIWANIS** meet at 7:30 a.m. every Tuesday at Shoney's.

### Seniors

**PONTON BEACH SENIOR CITIZENS BINGO**, 11:30 a.m. every Wednesday, 3910 Highway 111, Pontoon Beach.

**EAGLE PARK ACRE SENIORS** of MADISON meets from 10 a.m. to noon every Thursday at 100 Hill St. (Green, Eagle Park Acres, Madison).

**FREE SENIOR CITIZEN EXERCISE CLASS** meets at 9 a.m. every Thursday, Anchorage Recreation Center, 2909 Edwards.

**FRIDAY AFTERNOON PINOCHLE CLUB** for seniors 55 and over meets at 12:30 p.m. every Friday at the Harold Brown Building, Franklin Avenue and Pontoon Road. Call 877-0350 for more information.

### Support Groups

**THE C.H.U.R.C.H. OUTREACH** INC. meets 7 to 9 p.m. every Wednesday night at True Fellowship M.B. Church, 1641 3rd St. in Madison. The CHURCH is an outreach program designed to support its community in the struggle with urge control. All meetings are confidential. For more information, call 877-TRUE.

**STROKE SUPPORT GROUP**, for patients, their families and caregivers, 6:30 p.m., second Wednesday of each month, at the St. Elizabeth Medical Center. Refreshments are served. Call 798-3018 for more information.

**PULMONARY SUPPORT GROUP**, for persons with diagnosed lung condition, 11 a.m. to noon every Wednesday in 4-Doctors Solarium, St. Elizabeth Medical Center, 798-3019.

**ALANON**, 9:30 a.m. every Monday, 2116 Edison (side door) in Granite City, Call 463-2429.

**ALCOHOLICS ANONYMOUS**, 11 a.m. and 8 p.m. every Wednesday, 2116 Club, 2116 Edison, Granite City, (800) 307-6600.

**ALANON ADULT CHILDREN** meets at 7 p.m. every Wednesday at St. Elizabeth Medical Center, 2100 Madison Ave. in the Kettler Center Conference Room A. Call 463-2429 for more information.

**ALCOHOLICS ANONYMOUS**, 8 p.m. every Wednesday, St. Elizabeth Medical Center's Noon's Ark Day Care, Pontoon Road, Granite City. The meetings are closed except for the first Wednesday of the month.

**ALCOHOLICS ANONYMOUS**, 11 a.m. and 8 p.m. every Thursday, and noon and 8 p.m. every Friday at 2116 Edison, Granite City, (800) 307-6600.

**ALCOHOLICS ANONYMOUS**, 8 p.m. every Thursday, Presbyterian Church, Mitchell, (800) 307-6600.

**ALANON**, 7 p.m. every Thursday, St. Elizabeth Medical Center, 2100 Madison Ave., in the Kettler Center Day Care Room C. Call 463-2429.

**ALCOHOLICS ANONYMOUS**, 8 p.m. every Saturday and 1:30 and 8 p.m. every Sunday at 2116 Club, 2116 Edison, Granite City, (800) 307-6600.

**ALCOHOLICS ANONYMOUS**, 8 p.m. every Sunday, St. Elizabeth Medical Center, Pascal Hall, main floor, Granite City, (800) 307-6600.

**MULTIPLE SCLEROSIS SELF-HELP GROUP** meets from 7 to 9 p.m., second Thursday of each month, in Pascal Hall, St. Elizabeth Medical Center, 2100 Madison Ave. in Granite City, Call 797-2780 or 451-0728 for more information.

**ALATEEN AND PREALTEEN PROGRAM** for 12 to 17 age group, and prealteen for seven to 11 year age group, meet 7 p.m. every Thursday at St. Elizabeth Medical Center, 2100 Madison Ave. in the Kettler Center Conference Room A. For more information call 463-2429.

**SOUTHERN ILLINOIS DIVORCED AND SEPARATED CATHOLICS** meets at 7:30 p.m. the second Friday of each month (September through May) at St. Boniface School, 128 N. Buchanan, Edwardsville, Call 451-1463.

**HEREDITARY ATAXIA** (a disorder of nerve cells in the spinal cord and cerebellum) SUPPORT GROUP meets the second and fourth Friday of each month. Call Curt Williams, 877-5172, for information.

**STEMSS** (Support Together for Emotional and Mental Serenity and Sobriety). A support group for people with a mental illness and an alcohol or substance abuse problem, meets from 1:30 to 2:30 p.m. every Friday at Pascal Hall, St. Elizabeth Medical Center. Call 798-3024 for more information.

**DEPRESSIVE MANIC DEPRESSIVE ASSOCIATION OF MADISON COUNTY** will meet from 1 to 3 p.m., every Friday, at St. Elizabeth Medical Center, Granite City, in the Milonski Room located in the basement. For more information call the MDMA office at (314) 776-3569.

**NARCOTICS ANONYMOUS**, Seeking recovery, 8 p.m. every Thursday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

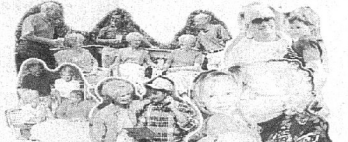
**NARCOTICS ANONYMOUS**, Live the Steps, 8 p.m. every Sunday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

See COMMUNITY, Page 6B

## "BREAKTHROUGH IN HEARING AID TECHNOLOGY"

*It Works, Why Wait?  
He Didn't!*

My new hearing system sounds 10 times clearer than my old set, and background noise doesn't bother me now! - Mel Hasson, Satisfied Customer



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Our new Comparator will actually allow you to listen to new technology with your own ears. You can actually hear the improvement in the exciting new technology.

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Call now to schedule your complimentary appointment during this special promotion!

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## HEARING SYSTEMS 2000

7 CONVENIENT LOCATIONS  
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# AUGUST 6, 7, 8, 9

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## A New Beginning

Starting over after an illness or injury takes patience, practice and encouragement. We understand.

The Therapy Center of Eden Village provides clients with the ability to begin anew after a trauma. Our on-staff therapy professionals provide treatment to enable clients to take care of themselves, so they can go home.

We monitor physical progress, along with helping patients work out the emotional trauma that may come with a temporary loss of independence. Now, in our new center, we can provide physical, speech, and occupational therapies on an inpatient basis, or as an outpatient.

Ask your doctor.

We can help with your new beginning.



**The Therapy Center**  
of Eden Village  
400 S. Station Road, Glen Carbon  
268-5014

The Therapy Center is a division of Eden Village, a not-for-profit organization affiliated with Eden United Church of Christ. Eden Village also provides Assisted Living and Dementia Services for the active and Independent residents.







## Marriage licenses

The following marriage licenses were issued through the St. Clair County Clerk's Office: George Allen Jr. and Carolyn Cotton, both of East St. Louis; Terry Beasley and Rosetta Walker, both of Alorton; Justin Cahill and Kristina McCaw, both of Summerfield; Jin Dong and Aida Jong, both of O'Fallon; Richard Duff and Debra Chamberlain, both of Edgemont.

James Fipps and Carrie Campo, both of Columbia; Brian French and Teresa Duncan, both of Belleville; John Goleman and Erin Gilchrist, both of Belleville; Matthew Haag and Lori Marien, both of Millstadt; James Hahn Jr. and Rebecca Voyles, both of Swansea; Clarence Harmon and Carole Kindred, both of St. Louis; Michael Hayden and Tabatha

Tooley, both of Collinsville; Brian Haynes and Jennifer Ritzenhouse, both of Lebanon; James Haddon Sr. and Michelle Delisle, both of Collinsville; Timothy Jaszczak of Fargo, N.D., and Yvette Erlanson of Belleville; Aaron Jolly of North Woods, Mo., and Alicia Ashford of Fairview Heights; Thomas Lewis and Kristina Schatzweier, both of Freeburg; David Mason and Barbara Shaw, both of Belleville; Michael Marshall of Granite City and Kathy Wolf of Fairmont City; Fredrick Nunez of Fairmont City and Crystalann Ward of Belleville; Gregory Rigby of East St. Louis and Debra Williams of Madison; Delfine Stennis Sr. and Elaine Hall, both of Washington Park; Kevin Kingsley of East St. Louis and Deborah Barlock of Glen Carbon; Darnell Leatherwood and Tasha Hicks, both of Washington Park.



Those attending the reunion included, at top, from left, front row, Forest Wilmoth, Pete Harlan; second row, Bob Planitz, Wenfred Beck, Robert Nash and John Roberson; middle, from left, Charles Warren, Mel Kombrink and Darlene Kombrink; bottom, from left, Chris Warren, Ruth Nicholas, Verka Lindner, Ollie Derr and Norma Buchheim.

## Group holds reunion

The former Granite City Engineer Depot held its annual reunion June 13. The combined maintenance division sponsored the event. Ollie Derr was the emcee for the program. Verka Lindner presented a prayer, and John Roberson led the group in unison for the Pledge of Allegiance.

Lindner and Derr gave a candlelight ceremony for the deceased members. A buffet lunch was served to 50 co-workers by Charlie's Restaurant.

After lunch, attendance prizes were awarded to Dixie Schieffer, Richard Thalmann, Lawrence Barnhart, Betty Edwards, Frank Clark, Wenfred Beck, Ralph Forays, Jerry Sizemore and Charles Warren. Cash prizes went to Mary Nash and Ruth Nicholas.

Committee members for the event were James and JoAnn Delaney, Clarence and Frances Hoppe, Roberson, Norma Buchheim, Lindner, Marge Eck and Derr.



## Area ISU alumni sought for event

Indiana State University will host a Sycamore Send-Off at 2 p.m. Aug. 15 in Edwardsville for alumni in the area. Special guests will be recent high school graduates who have enrolled or plan to enroll at ISU for the fall semester.

The gathering will take place at the home of Keith and Peggy Dickey, 33 Glen Echo Drive in Edwardsville. To make reservations, call 656-1875.



## Vacation Bible School at Peace Church

### Peace Church

Invites children age 3 through grade 6th to join **StarQuest: A Galactic Good News Adventure**. Get ready for a galactic experience that is definitely out-of-this-world! Each day includes an exciting worship rally where we will celebrate the good news of Jesus Christ! Each day will be packed full of fun Bible-learning activities, great snacks, music, and crafts. We hope every child in our community will be part of this great Vacation Bible School event!

**StarQuest: A Galactic Good News Adventure** Will be held at Peace Church 3725 Horseshoe Lake Rd, Granite City, IL August 10-15. 6:30 P.M. - 8:35 P.M. For more information call 618-797-9877

## 1998-1999 free Bridal Planner

A guide for planning a perfect wedding

The Suburban Journals-Ladue News Bridal Planner will include information about everything the well-prepared bride or groom needs to know in order to plan a successful wedding. The spiral-bound book will contain bridal businesses, stories, photos, checklists and worksheets to help coordinate and organize all of your wedding details.

To receive your free copy of the Bridal Planner simply fill out the form below and take it to your local Suburban Journals office (call 314/821-1110 for the nearest office), or mail it to: Bridal Planner, 1714 Deer Tracks Trail, St. Louis, MO 63131. (For mail in requests please allow 3-6 weeks for delivery.)

☐ Please send me a copy of the Bridal Planner.

Bride's Name \_\_\_\_\_  
Groom's Name \_\_\_\_\_  
Proposed Wedding Date \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_



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Collinsville, IL

931-5660  
4140 Pontoon Road  
Pontoon Beach

377-4760  
66 Airport Plaza  
Bethalto, IL

## Community Health Information Center

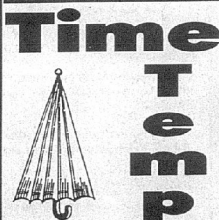
**Do you know . . .** ARTHRITIS is the leading cause of disability in the U. S., affecting more than 40 million Americans

- Arthritis rapidly becomes more common after age 45
- Regular, moderate exercise can help some arthritis sufferers increase flexibility, stamina and general health.
- Arthritis treatments vary and can be successfully managed between you, your family, your doctor and other health professionals

Now that you know, would you like to know more?

Visit our Community Health Information Center at St. Elizabeth Medical Center in Granite City. **798-3581**

and visit our website @www.sehs.com



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SAINT ELIZABETH HEALTH SERVICES

Serving the people of Madison County through facilities in Collinsville, Edwardsville and Granite City.

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24 Hour Time, Temperature and Weather

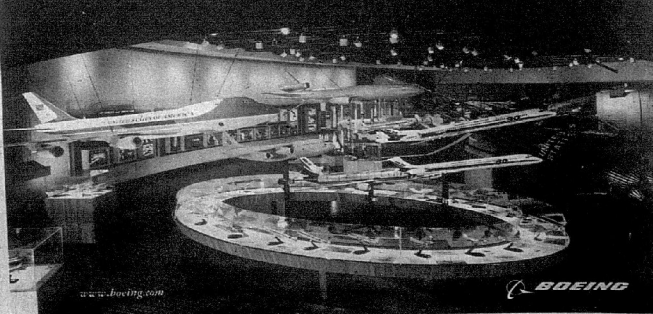
**NEED A DOCTOR?**

**CALL 798-DOCS**

Physician Referral Line

## THE LONGEST-RUNNING AIR SHOW IN ST. LOUIS.

The history of The Boeing Company's achievements in aerospace is on display at the James S. McDonnell Prologue Room. Located in Building 100 of The Boeing Company at McDonnell Blvd. and Airport Rd. Open 9 a.m.-4 p.m. Tues.-Sat. through August. Admission is free.





## Horoscope

**WEDNESDAY, AUGUST 5**  
The impulsive moon enters sobering, earthy Capricorn this morning, grounding this otherwise changeable luminary. By using a calm and definitive approach, you can handle a dilemma now that would have ruffled you before. Try to take full advantage of your unbiased behavior and tackle a business concern that you have avoided.

**ARIES (March 21-April 19)**, When you try to advertise, you end up selling instead. It's a lucky day for singles hot on the trail of romance. If you can swing it, travel does wonders for your soul—not to mention your love life.

**TAURUS (April 20-May 20)**, What do you need from your loved one? Don't gesture it, think it, dream it, hint it or wish it. Just say it. At the last minute, someone helps you financially. Retailers have luck with new ventures.

**GEMINI (May 21-June 21)**, Avoid overindulgence. Your popularity can be lucrative, since money is dependent upon group acceptance. An Aquarius or Aries will help you sell your



**Joyce Jillson**  
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**CANCER (June 22-July 22)**, Be open to the ideas of others. Partners really are on your side, though you must rise to your most mature self to realize this. A seemingly unimportant encounter could change your life.

**LEO (July 23-Aug. 22)**, Social interests outside the home will help bring your family closer. Your appreciation for another person's talent is growing. All will be taken care of, so put your worry to rest. A Virgo or Libra is the answer to your prayers.

**TODAY'S BIRTHDAY (Aug. 5)**, You close fabulous deals with great ease.

you're a star operator. Welcoming monetary rewards will assure you get them in the next six weeks. Your best partners are Taurus and Pisces. Take classes in November to improve your overall production. Friends introduce you to an exciting love in November.

**VIRGO (Aug. 23-Sept. 22)**, Staying in an unhappy relationship is wrong. Your sense of having fulfilled your personal goals in life will be the source of your happiness. You get through a stressful afternoon by making several lists.

**LIBRA (Sept. 23-Oct. 23)**, Insecure friends could be jealous of a romance. Make peace with the universe. Your sense of purpose should be channeled into more exciting aims. Obsession gets you nowhere.

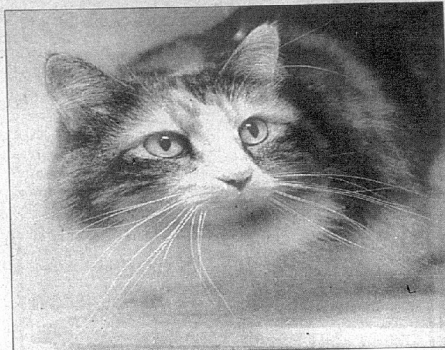
**SCORPIO (Oct. 24-Nov. 21)**, Guilt serves no purpose, so forgive yourself. Intuition that is disregarded will come back to haunt you next week. Partners present a dilemma that is merely the illusion of difficulty—see through it, and it's easily solved.

**SAGITTARIUS (Nov. 22-Dec. 21)**, What you suspected about a family member is true. Keep quiet. Just because people are related or close friends doesn't give them the right to know everything. Feelings are spared by using discretion.

**CAPRICORN (Dec. 22-Jan. 19)**, You disassociate yourself from clinging or restrictive individuals. A few words mean more than you know to a youngster or a lover. Co-workers may not be as conscientious as you are.

**AQUARIUS (Jan. 20-Feb. 18)**, Have faith in a new love. Things develop only when nobody is forcing the issue. You drive a good bargain. Spend some time boosting your own confidence. Insecurity actually creates what you fear.

**PISCES (Feb. 19-March 20)**, Your own self-confidence is something you must stay apprised of. Talk to yourself. Superiors endorse your actions. Vary the routine—you have luck in love through spur-of-the-moment actions.



John Swistak Jr. photo

## Pet of the week

Jerry, a 6-month-old male brown tabby, is among many homeless animals available for adoption from the Metro East Humane Society. He is a neutered domestic short hair and good with kids. To adopt Jerry (Card 579-C), apply in person at the shelter, 6495 Illinois 143, Edwardsville, or call 668-4405. Shelter hours are 11:30 a.m. to 5 p.m. Monday through Saturday and noon to 4 p.m. Sunday.

## HELP SAVE OUR COUNTY HOMES

Breakfast Meeting: Saturday Aug. 8, 9:00am, \$5.50  
Charlie's Restaurant, Rt. 203 and I-270

Hear about the Madison County Nursing Sheltered Care Homes. Say what you think.

Reservations required: Charlie's 931-7310

## Movie schedules

Film timetable for Sunday, Aug. 5. For times on other days, or to confirm these times, check local theaters.

**CARMIKE PETITE**  
670 and Hwy. 157, Collinsville, Ill. 644-1708  
The Mask Of Zorro (PG-13) 1:15, 3:45, 7:15, 9:45  
The Negotiator (R) 1:05, 3:50, 7:05, 9:50  
Dr. Dolittle (PG-13) 1:00, 3:30, 7:00, 9:35  
The Parent Trap (PG) 1:00, 3:35, 7:00, 9:35

**EASTGATE CINE**  
Eschwege Plaza, E. Alton, Ill. 254-5289  
Armageddon (PG-13) 1:15, 4:20, 7:45  
There's Something About Mary (R) 1:45, 4:30, 7:15, 9:50  
The Parent Trap (PG) 1:00, 4:00, 6:45, 9:30  
Saving Private Ryan (R) 12:45, 4:10, 6:00, 8:15  
Basketball (R) 2:15, 4:40, 7:00, 9:30  
Dr. Dolittle (PG-13) 2:50, 5:00, 7:30, 9:40

**COTTONWOOD EDWARDSVILLE CINEMA**  
Edwardsville, Ill. 666-6398  
The X-Files (PG-13) 7:00, 9:40  
Hope Floats (PG-13) 7:15, 9:50  
The Horse Whisperer (PG-13) 7:30

**GALLERIA 8**  
30 St. Louis Galleria, 721-8722  
Saving Private Ryan (R)  
Madeline (PG)  
Ever After (PG-13)  
Dr. Dolittle (PG-13)  
Mulan (G)  
Small Soldiers (PG-13)  
The Parent Trap (PG)  
Check theater for times

**HI-POINTE**  
1001 McCausland, 781-0800  
Check theater for shows and times

**KIRKWOOD CINEMA**  
338 S. Kirkwood Road, 965-1161  
Saving Private Ryan (R) 12:30, 3:45, 7:00, 10:15  
Saving Private Ryan (R) 2:00, 6:15, 8:30

**LINCOLN THEATER**  
103 E. Main, Belleville, Ill. 233-0123  
Titanic (PG-13) 7:30  
Quest For Camelot (G) 7:00  
City Of Angels (PG-13) 8:50  
Can't Hardly Wait (PG-13) 7:10, 9:05

**NAMEOKI CINEMA**  
30 Nameoki Village, 877-6630  
Lethal Weapon 4 (R) 7:00, 9:45  
Small Soldiers (PG-13) 6:45, 9:15

**NORTH TWIN DRIVE-IN**  
9425 Lewis & Clark, 822-4900  
The Negotiator (R) 8:50  
Lethal Weapon 4 (R) 11:15  
Dr. Dolittle (PG-13) 8:45  
Basketball (R) 10:30

**O'FALLON 15 CINE**  
1330 Central Park Dr., O'Fallon, Ill. 622-4900  
The Mask Of Zorro (PG-13) 12:00, 2:45, 5:30, 8:25

The Mask Of Zorro (PG-13) 1:00, 4:00, 7:00, 9:55  
Saving Private Ryan (R) 12:00, 3:30, 7:00, 10:20  
Saving Private Ryan (R) 1:00, 4:30, 8:00  
Saving Private Ryan (R) 2:00, 5:30, 9:00  
Small Soldiers (PG-13) 12:05, 2:25, 4:45, 7:15, 9:45  
The Negotiator (R) 12:15, 3:00, 5:45, 8:30  
The Negotiator (R) 1:15, 4:15, 7:15, 10:05  
Hope Floats (PG-13) 12:30, 5:15, 10:00  
The Truman Show (PG) 2:50, 7:45  
Madeline (PG) 12:15, 2:15, 4:30, 7:00, 9:15  
Six Days Seven Nights (PG-13) 12:05, 2:20, 4:40, 7:00, 9:40  
The Parent Trap (PG) 11:55, 2:30, 5:10, 7:50, 10:15  
Armageddon (PG-13) 12:45, 4:00, 7:00, 10:00  
Armageddon (PG-13) 1:15, 4:45, 8:05

**QUAD CINEMA**  
Belleville, Ill. 233-3220  
Saving Private Ryan (R) 12:45, 4:30, 8:15  
Armageddon (PG-13) 12:55, 4:00, 7:00, 10:10  
There's Something About Mary (R) 1:15, 4:30, 7:10, 9:50  
The Parent Trap (PG) 1:00, 3:45, 6:45, 9:45

**ROXANA CINE THEATER**  
Roxana, Ill. 234-4746  
Mafia (PG-13) 7:00

**ST. CLAIR 10**  
59 Ludwig Drive, 398-8383  
Halloween H20 (R) 12:30, 2:30, 4:30, 7:00, 9:00  
There's Something About Mary (R) 1:15, 4:10, 7:20, 9:40  
Basketball (R) 12:00, 2:15, 4:45, 7:10, 9:30  
Mulan (G) 1:20, 3:30, 5:40, 7:40, 9:35  
Lethal Weapon 4 (R) 1:00, 4:00, 7:00, 9:40  
Mafia (PG-13) 12:10, 2:30, 4:30, 7:15, 9:20  
Disturbing Behavior (R) 12:20, 2:40, 5:00, 7:25, 9:45  
Ever After (PG-13) 11:30, 2:10, 4:50, 7:20, 9:45  
Dr. Dolittle (PG-13) 11:45, 2:00, 4:15, 7:05, 9:20  
Gene With The Wind (G) 1:30, 7:35, 9:20

**SHADY OAK CINE**  
Forsyth and Hanley Road, 727-2319  
Gene With The Wind (G) 2:00, 7:30

**SHOWCASE 12 EDWARDSVILLE**

**GLASS CUT TO ANY SIZE**  
Granite City Glass  
1837 Madison Ave.  
877-5400

6633 Center Grove Rd., 659-7468  
Dr. Dolittle (PG-13) 12:20, 2:30, 4:45, 6:45, 9:10  
The Negotiator (R) 1:00, 4:00, 7:00, 10:05  
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The Negotiator (R) 1:00, 4:00, 7:00, 10:05

Saving Private Ryan (R) 11:45, 3:30, 7:15

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'... and I  
have my  
crafters.'

"I have volunteers to help with the church services. Volunteers who go along on field trips and lend a hand with the wheelchairs. People that help with the monthly parties and play the piano. Volunteers who help the residents with bingo. And I have my crafters."

Dorothy Myers  
Activities director



**COLUMBIA**  
Convalescent  
Center



Shirley Koehler photos  
Joan Zoeller, a regular volunteer as a Monday crafter, works on some special projects for Father's Day. Completed crafts these volunteers make are either sold or used for table centerpieces during special events.

## Volunteers mean world at Convalescent Center

By Shirley Koehler  
Correspondent

The Columbia Convalescent Center has a great group of volunteers, according to Dorothy Myers, activities director for the center, and she said she could not plan all the programs for the residents if it weren't for the volunteers.

"I can come up with the ideas, but then I depend on my staff and my volunteers to put it all together," Myers said. "They are all very talented."

According to Myers, when filling out an application a person can choose what they want to volunteer for — matching interests, talents and

skills to the program.

"I have volunteers to help with the church services," she said.

"Volunteers who go along on field trips and lend a hand with the wheelchairs. People that help with the monthly parties and play the piano. Volunteers who help the residents with bingo. And I have my crafters."

On any day of the week, visitors to the nursing home can see these dedicated people putting their skills to work.

And those who happen to visit from 12:30 to 4:30 Monday will hear the laughter and camaraderie shared by the crafters. They jokingly call the small room "Dorothy's Sweat Shop"

and inform everyone they must have an ironclad excuse for not showing up. Needless to say, these women enjoy what they are doing.

"The crafts these volunteers make we either sell or use for our centerpieces on the tables during our special events," Myers said. "We try to display our crafts in the glass cabinet by the front entrance for every one to see — but mainly, all we have to do is open the door to this room and employees and families of residents stop by and ask what we are working on."

Myers has a gentleman who volunteers to cut the wood for craft projects — fishermen for Father's Day, cows, angels — to be painted

and decorated by her crafters.

On one recent Monday, Frieda Gosselt was busy at the sewing machine making a patriotic vest to be worn when the center's Red Bandana Band performs at the Veterans Nursing Home in St. Louis.

"I've been a volunteer here for 4 1/2 years," she said. "Since the day my mother walked in."

Other crafters included Joan Zoeller, Florence Farmer, Jo Ann Riebeling and Lil Kopec, who were busily painting and decorating the wooden fishermen, cows and angels. Painted lighthouses sat on a table behind them, the centerpieces for the upcoming Father's Day nautical-theme program.

"I also have organizations that volunteer here," Myers said. "The American Legion, the Catholic church and the VFW from Millstadt all help with bingo on various nights. The Knights of Columbus help us with our Las Vegas Night and our annual formal dinner. The men from this organization dress up in their tuxedos and help seat the residents. Every one has such a good time."

Other volunteers are Marti Haglund and Evelyn Blank, who each play the piano and the M & N Band of Richard Miller and Wilbert Nottmeyer makes a monthly visit.

Persons interested in volunteering may call Myers at the Columbia Convalescent Center, 281-6800.



Martha Haglund plays the piano at the center every Friday and has become a highlight of many residents' week.



Monday crafters Jo Ann Riebeling and Lil Kopec work in "Dorothy's Sweat Shop."



## Business

### Business responds to challenge for jobs

By Thomas J. Donohue  
Now that summer is here and school is out, teens across America are looking for summer jobs, and businesses across the country are looking for young, enthusiastic workers. Yet there are millions of youth for whom obtaining a summer job is difficult.

But American business has responded to this challenge. In February, the U.S. Chamber of Commerce teamed up with a new organization, America's Promise — an Alliance for Youth, headed by Gen. Colin Powell.

After leading his country in war, Powell now is pursuing a mission every bit as important to America's future: Providing 15 million at-risk youth with the tools, the training, the hope and the inspiration they need to build a promising future.

It was clear to the chamber that American business could do some of the heavy lifting needed to make Powell's newest mission a success by helping give young people marketable skills.

That's why the chamber asked the three million members of the U.S. Chamber federation to hire at least one student for the summer. The chamber knew if we all pitched in, enormous strides could be made toward the goal of preparing these young people for the workforce of tomorrow.

Already American business has stepped up to the plate. America's Promise has gotten a wonderful response from its corporate participants, millions of dollars in donations and millions of volunteer hours.

But it's not just the big guys. The chamber's support of America's Promise has alerted smaller companies to the program's existence. There also has been an incredible outpouring of support from small enterprises across the nation as some businesses expand their current hiring programs and others start a new program. The following is from a small firm in Delano, Minn.:

"Our firm is making a commitment to hiring students for the summer of 1998 and has hired students in the past years. We are a small business with 25-30 employees during the summer, three of which will be students working full time. We find this program is valuable in many ways, from teaching a skill to the youth, to having skilled labor return the following year during our busy season. We applaud the U.S. Chamber of Commerce for joining with America's Promise-the Alliance for Youth."

From a company in Calexico, Calif.:  
"We are a southern California company with more than 100 employees and are committed to our community. We will employ three students this coming summer."

From a construction company in Bayard, Neb.:  
"We are a small company with only 16 employees, and

we've only been in business for one year. Last year when we started out, we found that hiring a high school student to help with sales and appointment-setting worked so well, that this year we are hiring that student back, and we are hiring three additional students for this summer. We are finding that by doing this, it not only helps the youths by getting them ready to join the workforce, but also it might help the youth retention in our small rural community."

This is just a sample of the many letters received. The chamber would like to thank all the businesses that have volunteered to be in this program and urge other companies to consider joining.

In a day when workers are in short supply, business needs to beat the bushes to find good workers. More importantly, business needs to take initiative in training them.

Helping to fulfill America's Promise showcases the incredible ability of American business to do good by doing well. Well done, and keep it up!

Thomas J. Donohue is president and chief executive officer of the U.S. Chamber of Commerce.

### Some changes could be warning signs

A change of pace, a change of scenery, a change in the weather — some changes are good for you, others are not so welcome.

How do you decide whether a change is good or bad? With investments, it's important to watch what you own — for sure enough, all investments experience change. Being aware of and monitoring those changes is the best way to determine whether they are good or bad.

Here are some investment changes you should watch. The examples apply to mutual funds, however, these types of changes also occur with individual stocks and bonds.

A sudden change in management — Management changes are commonplace with mutual funds. Change is no cause for panic, only a reason to watch. Learn about the new manager. Are you comfortable with his or her experiences or philosophies? The new manager may be as good as or even better than the previous one.

When a well-known, successful manager left one of America's biggest growth-and-income funds, he was replaced by someone who previously managed the company's over-the-counter stock fund. The new manager had an excellent reputation. OTC stocks, however, are not the same as the fund's predominantly



Jeff Prosser

growth-and-income portfolio. This may not have been a reason to jump ship, but it certainly was cause to watch.

When the new manager left a year later, the picture became more complex and warranted an even closer look.

The frequency change in mutual fund management is a reason to consider funds that have successfully used team management for years. Each team member manages a portion of the portfolio. If one leaves, the integrity of the entire fund is not compromised.

Change of ownership — It's not uncommon for entire mutual fund groups or companies to be absorbed by others. When this happens, do your homework on the new owner. Make sure its investment objectives agree with your needs.

An unusual rise or fall in a fund's total assets — A significant drop in assets beyond normal changes in market value could be a sign

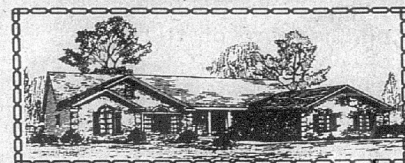
of lower investment confidence or mismanagement. An unusual rise in assets could handicap a manager in meeting a fund's objective.

For example, a fund with a primary objective of investing in small companies primed for growth might find it hard to meet this objective should the fund quintuple in size. It now may be an excellent growth fund, but the original objective of maximum gain may no longer be possible.

Change is a part of life and a part of investing. Some changes are good, while others are bad. Successful investors try to find opportunity in change. When there's no opportunity to be found, it may be time for the investor to make a change.

Jeff Prosser is an investment representative with Edward Jones in Granite City.

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### McReynolds joins CHS directors

Dr. Janet McReynolds, associate vice chancellor for student affairs at Southern Illinois University at Edwardsville, has joined Chestnut Health Systems' board of directors.

Chestnut provides chemical dependency treatment and mental health services out of treatment centers in Alton, Collinsville, Granite City, Edwardsville, Maryville and central Illinois.

McReynolds has been teaching at SIU since 1977. She has served in her current position since 1996. From 1992-96 she served as assistant to the provost and vice president for academic affairs, and before that as the coordinator of curriculum and research in the Academic Resource Center.

McReynolds has been the vice president of Racial Harmony since 1992. She helped develop a Human Relations Ordinance and a seven-part seminar series on diversity for residents of the communities in Madison and St. Clair counties.